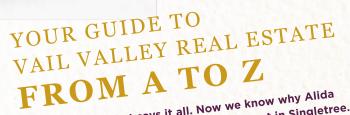




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NOTE: When community events take place, photographers may be present to take photos for that event, and they may be used in the publication.

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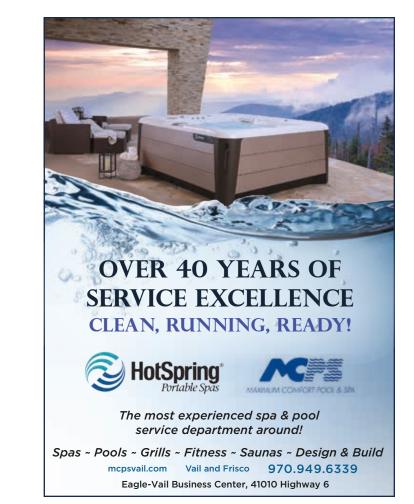
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SPONSOR INDEX

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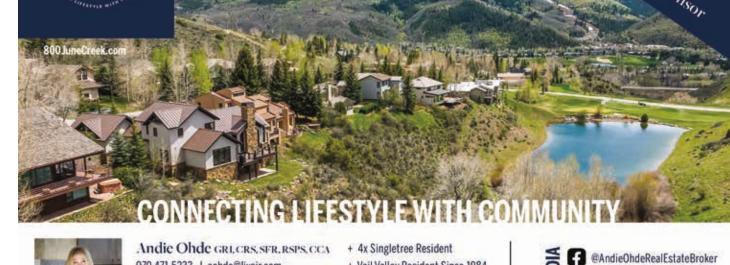
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Singletree 7

Hello, Singletree Residents!

Happy Independence Day! This month offers the opportunity to celebrate our freedom, our country, and the wonderful residents of Singletree who make our community what it is today! Before I introduce this jam-packed issue of your neighborhood magazine, you will note Inside Singletree has been renamed Stroll Singletree. This move comes as part of a new branding strategy adopted by The N2 Company. As your publisher, I look forward to continuing to deliver your personal publication featuring the same high-quality content you have come to know and love every month!

Now, what's going on this month? Dave and Debbie Irwin epitomize a modern-day love story that started at Ray's in Edwards in 2010. Fast forward and this dynamic couple is constantly on the go and deeply engaged in their Singletree life!

When it comes to making dreams come true, Jennifer Ebner has done just that for three local high school students with the help of 82 members of the Eagle County Women's Impact Network (WIN). This dynamic group of ladies is just getting started! Stella Addis, another outstanding high-achieving student, shares with us a behind-the-scenes look at her senior project, "The Real Stories of Vail."

On the court, Coach Hillary McSpadden introduces us to three outstanding Singletree tennis players who helped lead the VMS Girls' Tennis Team to the Regional Championship as well as a No. 4 overall finish out of 28 teams at the State Tournament in May. Congratulations, Catherine Dawsey, Kamryn Mitchell, and

Singletree is truly blessed with residents who give generously of their time and energy and we celebrate their contributions this month. Hailing originally from Massachusetts, David and Judy Carson support the arts as volunteers at the Vilar Center and the Ford Amphitheater. And Tricia Swenson shares fond memories of her father as she rallies supporters for this year's Walk to End Alzheimer's Disease on September 24 at the Brush Creek Pavilion



So much to celebrate this July! I wish you all a happy and safe Independence Day with family and friends!

HOLLY PROCTOR

Area Director 303-859-3369 holly.proctor@n2pub.com



It's Flamingo Friday!

Kick off your weekend with your Singletree friends and neighbors!

FRIDAY, JULY 15, 2022 5:00 p.m. - 7:00 p.m. **Hosted by Ursula Kemble and Robert Grauer** 447 June Creek Road

Beverages and light snacks will be provided by your host or feel free to BYO.

Contact holly.proctor@n2co.com if you would like to learn about hosting a future Flamingo Friday!

JULY contributors

Singletree remains true to its roots! Your neighborhood publication continues to be BY YOU and FOR YOU, and it is not possible without YOUR stories and photos! MEET YOUR NEIGHBORS. KIDS' CORNER. PRECIOUS PETS. TRAVEL TALES. WHO'S MAKING A DIFFERENCE. ATHLETE SPOTLIGHT. WHERE ARE THEY NOW? AND MORE.

keep your magazine fresh and relevant every month. Please contribute your story or nominate a friend or neighbor to participate in an upcoming issue. Email holly.proctor@n2pub.com to be part of Stroll Singletree!



Photographer

Who's Making a

Difference



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Athlete Spotlight





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Who's Making a



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Young Achiever

Volunteer Spotlight

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Kids' Corner

Celebrate Art for Social Change

Julia Knight

Precious Pets



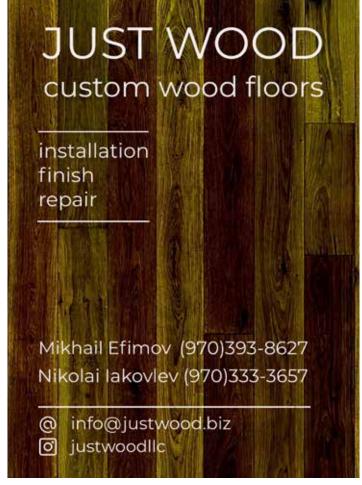
Featuring the FACES OF FREEDOM Exhibit and the Work of JAMINIX RAHN

Wednesday, July 27, 2022 **Colorado Mountain College** 150 Miller Ranch Road, Edwards 5:30 p.m. - 7:30 p.m.

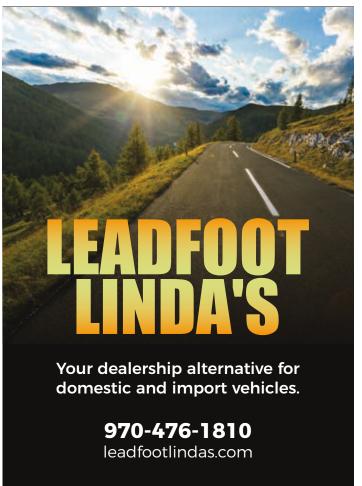
Join your friends and neighbors for an exclusive Singletree art reception in support of the fight against human trafficking. Faces of Freedom: Voices Calling for an End to Modern-Day Slavery is a compelling exhibit that raises awareness about the realities and effects of trafficking and other forms of violent oppression in the world today. Faces of Freedom celebrates the survivors and their stories of hope and restoration. This is an experience not to be missed! Hors d'oeuvres and beverages will be served.

RSVP by Friday, July 22, 2022 to 303-859-3369 or insidesingletreersvp.com.











TAKE ACTION TODAY TO REDUCE WILDFIRE RISK

REALFire® is a wildfire risk reduction program that provides homeowners in Eagle County with an opportunity to take action on their property. The program provides FREE property assessments to educate residents on how their home and landscaping may be susceptible to wildfire and specific ways to reduce wildfire threat.

How do I determine if my property has a wildfire hazard? The best way to understand your property's wildfire hazard is to request a property assessment. A property assessment will assess the home ignition zone including features such as: the construction and combustibility of roofing and siding materials, windows, vents, and decks, landscaping features (i.e. type and location of trees, bushes and other vegetation), location of other accessory structures, propane tanks, and storage of firewood.

What can I expect with a REALFire property assessment?

A REALFire assessment typically takes two to four hours, and property owners or caretakers are expected to be home for the duration of the assessment. Following the assessment, property owners will receive a report that lists required mitigation actions specific to their property. The list of required actions must be completed in order to earn a REALFire certificate.

What does a REALFire certificate mean? A REALFire certificate acknowledges a property owner's completion of their required mitigation actions. It does not guarantee that a home will survive during a wildfire event. A certificate is issued and sent to the property owner upon successful completion of all required mitigation actions, and an on-site follow up inspection.

EAGLE COUNTY ALERT SYSTEM

If we can't reach you, we can't alert you.

EC Alert is an emergency communication system used by governments, emergency management agencies and first responders to send emergency alerts, notifications and updates to your landline phone, cell phone and/or email account based on your location and the alert categories you have chosen. Visit ECalert.com to sign up for alerts.

you are invited

Giddy Up! **And Come on Down!**

Join your friends and neighbors for some good ol' fashioned fun for the whole family!

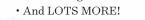
CELEBRATE SUMMER WITH A HOST OF ACTIVITIES SURE TO PLEASE ALL AGES!

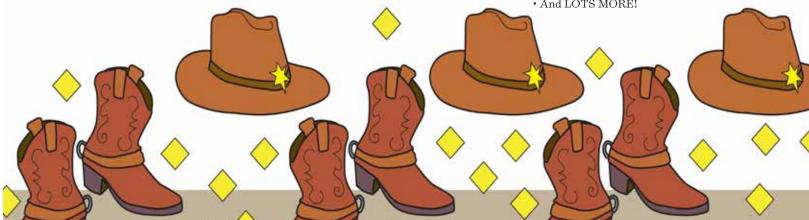
JULY 21, 2022

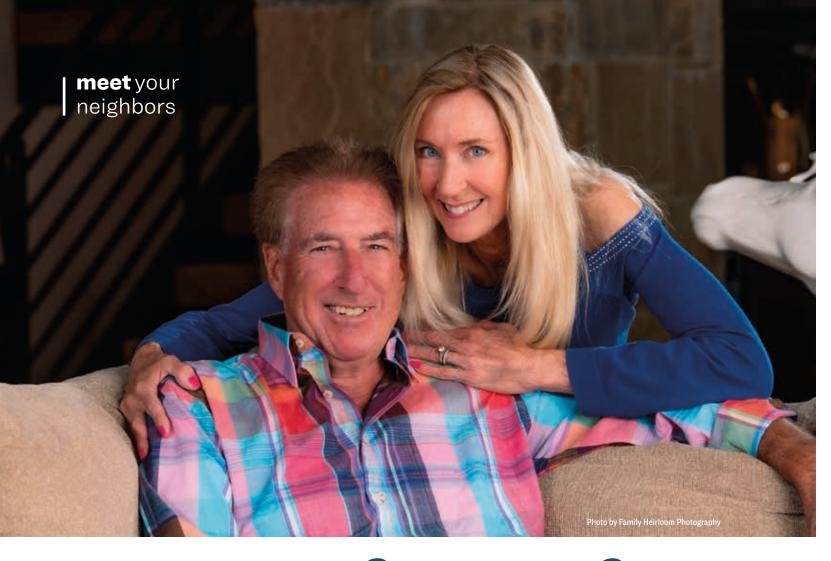
4:30 p.m. - 7:30 p.m.

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- The main attraction: the Mechanical Bull
 - · Bouncy House for the kids!
- · Lawn games including Cornhole, Ring Toss & Bocce
 - Hula Hoops, Hopscotch & Basketball
 - · Snacks and beverages for ALL ages







Debbie and Dave III WIII

Our home in *Singletree* is paradise for us. How did we get here? Dave came to Vail in 1972 from New York via Aspen. Debbie was born in Chicago and came to Vail in 1979 via Aspen. He was teaching skiing in Aspen while she was living there at the time with her family. Then Dave got a job teaching skiing in Vail, and Debbie was working for Transamerica & Stewart Title Company as a closing agent.

That first summer in Vail, Dave started his own framing company with 30 men working for him. He learned framing from his dad, who was a general contractor. Dad also taught Dave to pay for everything you have, be patient, and save, and Debbie has lived by the same lessons all her life. She learned a lot about real estate from her Uncle Tom, who was a big developer in Aspen, which is where she developed her own passion for real estate. Each winter, Dave would go back to ski instructing — until 1980. Debbie moved on to becoming a top producing real estate broker for Century 21 and today works with Berkshire Hathaway in Vail.

In 1980, Dave decided to stop teaching skiing and started his own design and development company, The Nova Group. He had gone to school for architecture, and now it was time to find out if clients would actually pay him for his work. As it turns out, Dave has designed and built 80 homes in the Vail Valley. In fact, he designed 70 homes in 15 states and two in Australia. Not bad for a ski bum. Along with the design work, Dave also served as general contractor for most of his projects in the Vail Valley; the majority of his designs were constructed as spec homes here in the Vail Valley.

Dave had also bought a lot in West Vail in 1975 and had it paid off by 1980. The bank would not offer him a loan, so he decided to build his first home all by himself. It took two and a half years, but it was paid for. By then, Dave was making money with his company. The first winter, there was 12 feet of snow in the living room, which kept him very busy. You can do a lot when you are single all those years. That was about to change!

Dave met the love of his life in 2004 at the grand opening of Ray's Restaurant. He had just played golf with some friends, and they decided to stop in after the round. He was just standing there when this beautiful, tall blonde walked by. So Dave said hello, and she said hello back but continued walking with her friends. She noticed that he was talking with a guy she knew, so she went back to talk with him.

And that is how it all began. "I'm Debbie," she said. "And I was in love for the rest of my life," Dave recalls fondly. "We talked the rest of the evening, but when I walked Debbie to her car, she told me she was just separated and getting a divorce. I didn't want my heart broken, so I told her I would call her in two years. Well, that lasted two weeks when we ran into each other at a concert at Ford Amphitheatre. Now that my heart was in love, time to find reality. Debbie became my best friend and partner in life."

Debbie had left Chicago at 9 years old with her sister, Kim, and mom, Sharon. Sharon's brother, Tom, and Aunt Judy lived in Aspen, so Debbie, with Kim and Mom, moved there to be closer to family. Growing up with the Aspen Ski Team, Debbie was also a cheerleader and a band member at Aspen High School band. She rode horses on Uncle Tom's ranch and enjoyed many other activities. Debbie loved living there as she grew up and became a talented and beautiful young lady.

Dave and Debbie nearly met in 1972 in Aspen when he was teaching and living at The Little Red Ski House dormitory. Debbie's friends' parents owned the place, and she would play there with her friends. Not the right time to meet yet! Debbie went on to college at CSU in pre-med and earned a Bachelor of Science degree. When leaving college, she decided to go to Vail with some of her sorority sisters. There she eventually became a REALTOR®, married, and had two beautiful

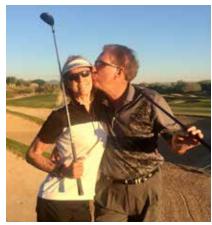
daughters. *And then Dave met Debbie!* "And we have been together ever since."

Dave and Debbie formed the perfect union with work, play, and living each new day together in love. They were married in 2010, and Dave fell in love with Debbie's two daughters. Brianna is a hospice nurse who lives in Colorado Springs and has a great boyfriend named Ryan. Michelle is in marketing/advertising and lives in Missoula, MT, with her husband, Art. Brianna likes golf, and Michelle is one of the top trail runners in the world. Dave has two brothers, Mike and Rich, and his family has grown to include Debbie's sister, Kim, and her husband, Bob.

Dave and Debbie initially lived in their house in Vail, then decided to build a new home in *Singletree*. Dave had owned the lot on Winslow Road for 35 years and decided to design and build a new home for them in 2018. Dave had previously designed and developed 20 homes in *Singletree* and was familiar with the environment in *Singletree*, which he found to be much easier to live in than Vail.







Family Heirloom Photography

by (1) 1/20 Partin Photography (14)



A resident of the neighborhood since 1995, Happy is your "in-house" expert. So if you are considering selling your Singletree home this year and looking to purchase within the neighborhood or anywhere else in the Valley, please call her. She would love to help!

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Forbes

Singletree Real Estate Activity

Status a 5.17.2		ress Property Type	Beds	Baths	Square Feet	Furnished	List Price	List Price/ SqFt	Days On Market	Sold Price	Sold Price/SqFt	Date Sold
Activ	e 11 Chute Circ	le Single Family	4	6	4,683	Unfurnished	\$3,995,000	\$853	6	_	_	
Activ		σ ,	6	7	8,516	Unfurnished	\$5,600,000	\$658	8			
Under Co	•	,	4	6	3,161	Unfurnished	\$1,875,000	\$593	0			
Under Co	ntract 120 Chaparral R	oad Single Family	5	4	4,278	Unfurnished	\$1,995,000	\$466	6			
Close	d 11 Stagecoac	h Single Family	3	4	2,723	Furnished	\$1,725,000	\$633	6	\$1,725,000	\$633	3/16/22
Close	d 111 Chaparral R	oad Single Family	4	3	2,927	Unfurnished	\$1,645,000	\$562	21	\$1,400,000	\$478	1/13/22
Close	d 231 Rawhide Di	rive Single Family	4	3	3,016	Furnished	\$1,850,000	\$613	2	\$1,850,000	\$613	4/29/22
Close	d 780 June Creek F	Road Single Family	4	5	3,193	Partially	\$1,995,000	\$625	0	\$1,995,000	\$625	5/16/22
Close	d 151 Howard Dr	ive Single Family	4	4	3,166	Partially	\$2,950,000	\$932	0	\$2,950,000	\$932	3/17/22
Close	d 111 Foal Circl	e Single Family	4	6	5,579	Unfurnished	\$3,295,000	\$591	50	\$3,055,000	\$548	1/11/22
Close	d 1420 Singletre	ee Single Family	4	5	4,225	Unfurnished	\$3,195,000	\$756	2	\$3,200,000	\$757	2/10/22
Close	d 220 Singletree R	oad Single Family	5	5	4,370	Unfurnished	\$2,460,000	\$563	0	\$2,460,000	\$563	3/31/22
Close	d 735 Charolais Ci	rcle Single Family	5	6	5,943	Partially	\$3,950,000	\$665	1	\$4,025,000	\$677	3/25/22

^{*}Properties Active, Under Contract and Sold 1.01.22 - 05.17.22





Dave and Debbie's life today offers the couple many blessings. "We also have a home in Arrowhead Lakes, AZ, which has been the perfect complement to our home here in Singletree. Just by chance, we actually look at an Arrowhead Mountain from each home! We so enjoy all the wonderful people we have met in Singletree. We enjoy pickleball, golf, skiing, hiking, and love to share all of this with our friends. We also look forward to volunteering this year for the veterans and warrior ski programs on Vail Mountain."

"We joined the Sonnenalp Club to play golf and have met more fun people. We enjoy the interaction that Singletree offers with events and meeting new friends at Harvest. We walk into Harvest and know everyone, which feels like family. Living in Vail and Singletree has been one of the best decisions we have made in life. We look forward to the future with good friends, family, health, and love. Thanks for all the blessings we

have and hugs to all our friends in Singletree and beyond." Dave and Debbie look forward to continuing to work and play together as best friends and loving each other for eternity.







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sponsor spotlight





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This has been quite a ride for 41 years. What started as one man, Michael Charles, and a truck has since grown into an operation that has **served more than** 15,000 customers, with 75 employees, 50 trucks, two retail locations, and one 6,000 square foot warehouse. Additionally, the Maximum Comfort Pool & Spa has grown to become an exceptional service business covering the Vail Valley and Summit County, with additional service in Pitkin, Lake, Grand, and Route counties.

Maximum Comfort Pool & Spa's vision is to promote a more enjoyable and healthy lifestyle for those in our community. All the products we sell, service, and build are focused on promoting wellness and health.

We sell the No. 1 spa brand in the world — **Hot Spring Spas.** While hot tubs are always a fun and social place to congregate and connect with both family and friends, there are many outstanding health benefits derived from the warm water therapy. Spa owners benefit from hydrotherapy by helping to manage stress, sleep better, and reduce muscle pain, soreness, and even some symptoms of arthritis. With the active lifestyle enjoyed









by many who live in our mountain communities, the benefits of owning a spa are endless.

Maximum Comfort also sells and services Endless Pool Fitness Systems, Finnleo saunas, Precor fitness equipment, as well as Weber and Lynx grills and outdoor kitchens.

We are very proud of our construction division, which specializes in complete design-and-build concepts. MCPS has constructed more than 1,000 design-build projects valued at over \$60 million. We can make all your outdoor living dreams come true. We are here to meet your needs by making your backyard, deck, or patio exactly what you desire to fit your lifestyle.

Our service department is beyond comparison, with trained route service professionals, technical experts, and customer service agents available to answer all your questions. While our most popular choice of water care service for spas and pools is the weekly annual prepay program, we offer a number of different options to suit your personal usage and needs. We will happily work with you to design a program that works for you and your family.

In this modern world, systems and technologies are continuously changing and shifting, and MCPS prides itself on staying ahead of the curve. Maximum Comfort believes in continuous education and training within all the categories in which we sell, service, build, and install hot tubs, fitness equipment, grills, saunas, specialized **Covana** covers, fire pits, and patio heaters. We provide numerous trainings for our employees throughout the year to keep them current on the latest information and technology.

From the very beginning, Maximum Comfort and Michael and Sara Charles have been committed to giving back to the community in which we live and have raised our family. We are



happy to say we have surpassed the \$1.5 million mark for donating to various forms of philanthropy, sponsorships, and donations, not to mention hours of volunteering. We are grateful to live and work in a valley that has so much to offer and helps so many.

We invite you to stop by one of our showrooms to experience our magic! The Vail showroom is located at 41010 Highway 6 in the Eagle-Vail Business Center and can be reached at 970-949-6339; contact the Frisco store at 970-669-6339 or stop by at 301 West Main St. in Frisco. And check out Maximum Comfort Pool & Spa at mcpsvail.com!

who's making a difference



The Women's Impact Network of Eagle County

Local Women Making a Difference
One Student at a Time

"If you want to go fast, go alone; but if you want to go far, go together."

Contributed by **Jennifer Ebner**, Singletree Resident

What started as an idea and conversation has already changed the trajectory of three Eagle County students — and a local group of women is just getting started. Aptly named the Women's Impact Network of Eagle County (WIN), this newly formed organization already has 82 founding members and collectively raised \$83,000 for the inaugural WIN Scholarship that was announced in April.



The amount was divided and awarded to three outstanding graduating Eagle County seniors: Ana Garcia, Ajoyah Brown, and Wilson Elliot. The scholarships will enable Ana Garcia to pursue a degree in allied health at Azusa Pacific University, Ajoyah Brown a degree in nurse-midwifery at the University of Colorado Denver, and Wilson Elliot a business degree with a potential minor in fine art at the University of Colorado Boulder.

Founded by *Singletree* resident Jennifer Ebner and her friend Allison Krausen, WIN aspires to leverage the power of community to champion transformative change through impactful scholarships and mentorship. How does it work? Each member donates \$1,000 on an annual basis, with 100% of the tax-deductible donation going directly to the scholarship fund. Members meet annually to determine the scholarship criteria and can then be involved in the application review, interview, and selection process. The money is then dispersed to local scholarship applicants.

Through the great generosity and collaboration with the Vail Valley Foundation's YouthPower365's Dollars for Scholars program, and in particular YouthPower365's Director of Development Euginnia Seyferth VVF handles the administration of the scholarship awards at no cost, which means every dollar raised goes to the students, with funds paid directly to the school at which they enroll.

Jennifer was involved with a similar program in Denver, which she felt inspired to recreate upon moving full-time to *Singletree*. "Impact100's approach to collective giving was a great platform for donors like me, but without ever knowing exactly how the donation would be utilized. With this model, I know every dollar contributed goes directly to a student, and the combined gifts equal a truly impactful scholarship for each student."

As the program evolves, WIN plans to build a network of members, students, and scholarship alumni to mentor future scholarship recipients through their pursuit of higher education and beyond. Outside of the scholarship, members will be able to enjoy social gatherings as well as learn about the critical challenges and needs in our community through speaker series and volunteer opportunities.

At a kick-off event in November 2021, Jennifer and Allison introduced their goals to a handful of women. By the end of the evening, more than 20 members had signed up. Over the next six months, through networking events and word of mouth, the organization grew to 82 members by the time the first scholarships were announced.

A celebration for the recipients took place at the Sonnenalp Club on May 16, 2022. At the event, the students had an opportunity to speak directly to the group. "I would like to express the immense gratitude I have for every single person in this room. I'd like to thank everyone for

the contribution of investing in my future," said recipient Ana Garcia.

"Thank you for creating a network that allows Will, Ajoyah, and me to dream. To dream of obtaining a higher education. To dream of a successful career. And to dream of following a path that lights one's soul on fire. I only hope to dedicate my academic medical journey to those who aspire to achieve the same goals but can't afford to achieve them. I hope to inspire other young females, especially those who are part of the minority, that dreams are possible."

Applications for the next grant cycle will be accepted beginning January 2023. To apply, please visit www. https://youthpower365.org/program/















dollars-for-scholars/. If you are interested in becoming a member of WIN, please email hello@winofec.com. To learn more about the Women's Impact Network of Eagle County, please visit www.winofec.com.

WHY SHOULD YOU JOIN THE EAGLE COUNTY WOMENS' IMPACT NETWORK?
READ WHAT THESE SINGLETREE WOMEN HAVE TO SAY!



"The amazing women of WIN and their hard work to give back to this community inspired me, but what really compelled me to get involved was hearing the stories of the deserving applicants. Learning that every dollar goes to the scholarships — but is wisely given directly to the school of the student's choice — is what really pushed me to give my support. I truly believe that the WIN scholarships will change these students' lives and positively enrich the Vail Valley. I feel grateful to be part of their success stories!"

- Alisha Bosco

"It has been a privilege to be part of the first year of WIN in Eagle County. As the daughter of two lifelong educators and now a parent, I believe in the transformative power of education, particularly in college and beyond. Jennifer and Allison's mobilization of women throughout the valley has made WIN's first year an incredible success. The possibilities for future outreach and

the impact of WIN are limitless!"

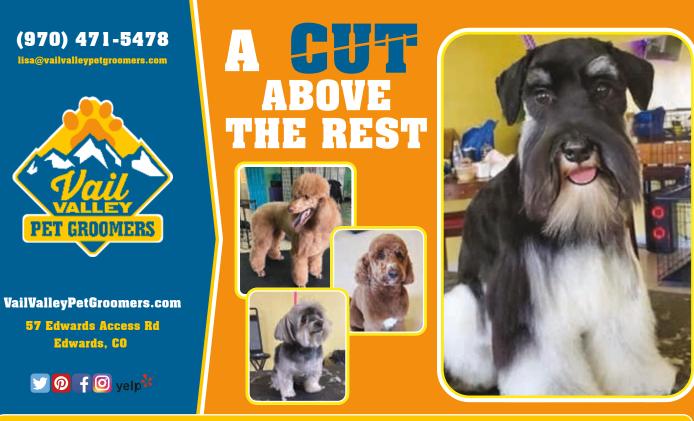
- Melissa Provencher

"My interest and excitement in joining WIN were fueled on several levels. I was very influenced by the fact that the money donated directly impacts local youth who are engaged in our community. I was also moved by the long-term goal of developing mentorships for community youth who are exploring education and employment opportunities. An added bonus is the opportunity to develop relationships with other philanthropic women and community leaders who are passionate about youth and value the importance of education."

- Karmen Serbinski

"I joined WIN because I wanted to help open doors for students to opportunities that will allow them to improve our community and make it a better place for all of us. I find the group of women behind our scholarship inspiring and thoughtful, and I know that with the help of Youth Power 365, these scholarships are awarded to very worthy candidates who are motivated to accomplish their goals." — Morgan Godin

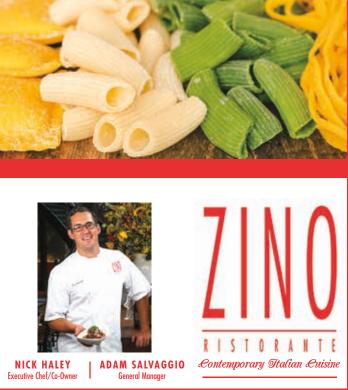




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kids' corner

Contributed by Ruby Bullivant, Singletree Resident Article Written by Annie Cerovich, Singletree Resident

Keeping Up with a Girl on the Go...

Ruby Bullivant Does It All!

Ruby Bullivant is 8 years old and is in the third grade at Eagle County Charter Academy. One of her favorite things to do at school is...

Go out to recess and hear drama. I just like hearing drama; it's everywhere! So the boys are fighting over a soccer ball. And then there are other girls saying, "You hate me!" I just like to listen.

What do you like to do at school when you're not at recess? Hatching chicks and caterpillars. We have an incubator with the eggs. We have about 17 eggs, and we have two caterpillars each. And we are going to see them grow into chrysalises. And they're gonna hatch and do a butterfly launch. It's May 19, and we get to see all third graders in Colorado, and the butterfly is a painted lady butterfly. The chickens are going to hatch on day 21. It is day seven now. The chickens hatch and stay with us for two weeks, and then they go back to the farm.

It sounds like you like science, then? Yes, so Lucas brought his lizard (he's in my class), and the lizard sheds, and then it turns into a J shape, which is why it is a literal J. The caterpillars, once they're born, eat their shell.

So what do you want to be when you grow up if you like math and science? What I want to be is a skier.









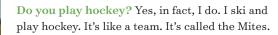


So let's talk about skiing because I hear you had a pretty good winter. First race, I got in 4th place, and then second race, I got 6th place. There are my medals in my room if you want to see those. And then I won a certificate. It's with Ski Club Vail; I started this year.

What part of ski racing do you like the most? I like slalom because you get to hit the poles.

How old were you when you started skiing? Eighteen months. It was right there. [She points to cul-de-sac.] There's a video of that if you want to see.

Do you want to race moguls or do flips? No! I like to stay on the course.



So what do you do during the summer to prepare you for the winter season? My mom signs me up for gymnastics. I don't like gymnastics.

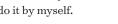
What don't you like about it? That I get to prove the coaches wrong. Like one time she said I couldn't do the full splits, like only halfway down, and I did the splits halfway down.

What other things do you like in the summer? I like biking — dirt biking.

What is one of your favorite places to go in the summer? I go up to the cabin. It's up in Kremmling, and when I go there, I usually go outside, and there's this big field, and on the top, there's really nice dirt, and the bottom is covered with flowers.

What do you like to do at the cabin? I like playing with Bailey; she's my dog. She's German Shepard mixed with Australian. She's not really a ball dog or a frisbee dog, but she kind of likes sticks. Oh, and we go to the lake and go boating, water skiing, and surfing. I was scared, so at first, I was stepping on my mom's skis and saying, "Whatever you do, don't let go, don't let go!" Now I do it by myself.





What is your favorite book? Wings of Fire. It's about dragons. So, basically, this is Glory. She's a Rainwing, and Glory is the queen of the Nightwings and the Rainwings (these are types of dragons), and they can camouflage with anything.

I started reading it, and I got really

hooked on it.

If you could be any of these dragons, which one would you be? Rainwing because they can camouflage as other dragons so they can fit in, and they can change their body looks so they can look like other dragons.

Do you like music? Oh, yes, I play the violin. [Ruby played beautifully for us.] Yeah, it's not hard to learn.



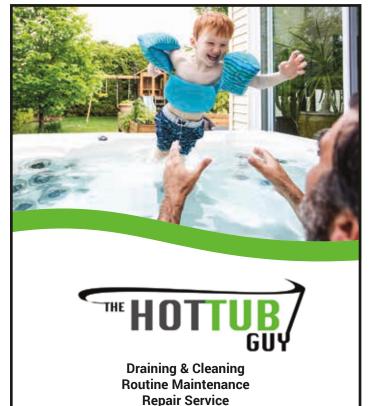
And if you could have any superpower, what would it be? To be the most intelligent.

What would you want to know about? Anything in particular? Everything. Just overall, everything.

Your mom is from Bulgaria. Have you been there? Ah, yes. My grandmother lives there.

What do you like to do in Bulgaria? I like to catch chickens and pigeons. So in Bulgaria, they form into huge groups, like in a park, and you throw bread or feed them seeds, and then you sneak up behind them. They don't see you coming, so you grab them! You hold their wings, and then you let them go!

Anything else you want us to know? Yes. I don't like the dentist.



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athlete spotlight

Contributed by Hillary McSpadden, Singletree Resident

Coach Hillary McSpadden

Leads Catherine Dawsey, Kamryn Mitchell, and Keely Sego to a Winning Season for VMS Girls' Tennis



Catherine Dawsey celebrates her Regional Championship with coaches (L to R) Eric Meyer, Hillary McSpadden, Catherine and Steve McSpadden

Since moving to Vail in 1991, I have personally been very connected to the tennis community, mostly teaching, playing, and tournament play in Colorado. About 15 years ago, I was asked to help assist with the girl's high school team through Vail Mountain School. It was eight years ago that I took over as head coach. My personal drive has been to give back to a sport that gave me confidence as a young person and memories for a lifetime.

Living in Southern California, I was surrounded by the best tennis one could find, and I was hooked at a young age. My high school in Palos



Regional Champions Kamryn Mitchell and Anna Baker

Verdes had a very accomplished tennis program with excellent and encouraging coaching. We were 5A CIF State Champs twice and runner-up twice in my four years. With a top 25 ranking in Southern California, I was fortunate to play Division I tennis at the University of San Diego. Tennis was my life, and I've been thrilled to offer my knowledge and passion to others.

Vail Mountain School has been a terrific supporter, logistically and financially. We have girls from all of the high schools in Eagle County, from Eagle Valley to Battle Mountain, to Vail Christian, to VSSA, to VMS, and those homeschooled. In the last five years, the program has exploded, and we've been privileged to teach the game of tennis to all levels and give girls a sport for a lifetime. We don't turn away those that have never played; we strongly encourage it. For the 2022 season, we had 25 players, and we normally take only a max of 19. We kept them all and made sure our 12 junior varsity players got to learn the game.

Homestead Court Club has been there for us every year, providing us with court time and a facility to play our home matches. Eric Meyer, Director of Tennis at Homestead, has been one of our assistants who has facilitated a strong junior program to feed into our high school program. With the growth, I brought on my husband, Steve McSpadden, as an assistant to help with logistics,

coaching match play, and driving the team bus. The three of us have been fortunate to experience and enjoy the successes of this mountain team.

Our VMS varsity team was Regional Champs in 2021 and again this season. We broke a record with our team taking 1st place at Regionals in Grand Junction for 3A, Region 8, sweeping all lines. Three lines of singles and four lines of doubles. There has never been a team in the 19 years of regionals that one team swept all positions.

In mid-May, we were in Colorado Springs for the State tournament with a very successful finish.



Kamryn Mitchell



VMS makes it to the State Tournament!

For another season record, Vail Mountain School varsity tennis finished the State Tournament at No. 4 out of 28 teams. Our Singletree players made a great showing throughout the year and finished the season with shining performances.

Catherine Dawsey, our No. 1 singles, played a flawless season, being undefeated and taking 1st place at Regionals. This position is the toughest and most stressful as the team's best players are at this position. She graduated this year, and we will miss her terribly. She has been a driving force for team camaraderie and earned the Team Spirit award for the 2022 season. She will attend Loyola Marymount University in Los Angeles. We are sure she will continue her tennis in Southern California.

Kamryn Mitchell and her partner at No. 4 doubles, Anna Baker, won the playback to take 3rd overall at States. Kamryn faced a tough challenge mid-season as one



VMS Girls' Tennis wins the Steamboat Classic Championship

• • •

of three players that would be our final 11th varsity player. As coaches, we communicated what would be valued in terms of a final decision. She would need some decisive challenge and dual match results for the three weeks that remained in the season. She took her performance on the court to another level and was aggressive during key points in match play. She also had a positive chemistry with Anna, which is a key element to being successful as a doubles team.

Our varsity team consists of 11 players and this year, we had

13. Keely Sego,

one of our extra

varsity players,

provided us with

some incredible

depth. Keely has

been a valuable

player for VMS

over the last few

one of our dualsport athletes

overlapping our

golf. It's not easy

season with

years. She is



Keely Sego (standing) and her team on their way to the Championship

to have both schedules with the demands of school as well. Keely was very dedicated to the team and supported our efforts as coaches. Her attentiveness at practices and matches was much appreciated, and her game improved drastically. She will be a force to contend with as a senior next year!

We've always been identified as just a "mountain team,"



Catherine Dawsey

meaning we are only good at snow sports. Over the years, we've been building, but the front range has never really felt we could compete. Well, we proved them wrong this year, and we've made a name for the Vail Valley. They will be watching for us next year. This is truly the spirit of competition, to be in the hunt. We now have the pressure of performing, but we teach our team that it's a privilege!









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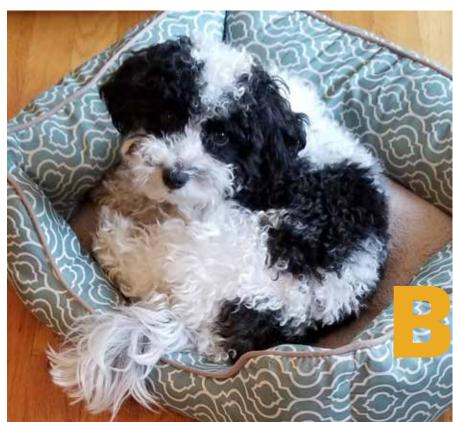














precious pets

Contributed by Banksv and Julia Knight. Singletree Pet and Resident

anksy is One

Lucky Guy!





Hi! My name is Banksy, and I just turned 5 years old! I am a Maltipoo, and I weigh 8 pounds. My mom says she named me after her favorite street artist. She wanted to call me Oreo, but that was vetoed by my big brother.

My mom moved us to Singletree from Minturn about a year ago because she knew I deserved a bigger yard. I'm so lucky! Now I have plenty of space to chase leaves and squirrels. Plus, the living room has a huge window, so I can make sure to growl at every single thing I see moving around outside. I love taking long hikes with my mom — she always makes sure to keep an eye out for hawks and birds of prey. She said I'd make a nice snack for them if we're not careful!

She also doesn't like me to go out at night in the yard. Something about mountain lions? I'm not sure what those are but it sounds like I don't want to meet one. I love jumping around in the snow and going on winter walks. One of my favorite things is the Vail Farmers Market. I meet a lot of new friends, and everyone wants to pet me and tell me I am so cute. And sometimes little treats are on the ground. I am so excited it is summer again! I am definitely a lucky guy to be living in Singletree!







Tricia Swenson Shares Her Motivation to Join the Walk to End Alzheimer's

Contributed by Tricia Swenson, Singletree Resident

32 July 2022

"Let me show you the new sheets I got Dad ," Mom said.

I followed her into the laundry room, where she had washed two sets of new sheets to soften them up. "They'll match his comforter and also his new headboard." I just nodded and smiled and squinted my eyes so she couldn't see my tears welling up.

While many are buying new bedding this fall for kids going to college, my mom was buying these items for my dad's new room at a memory care facility in a nursing home for Alzheimer's patients. It was time. My mom had cared for my dad for years, and it had progressed to the point that, as heartbreaking as it was, it was better for my dad and her to place him in a facility with professional care. I flew back home for the week to help them with this major life change after 56 years of marriage.

Here are the latest facts and figures from the Alzheimer's Association:

- · More than six million Americans are living with Alzheimer's disease.
- · It kills more people than breast cancer and prostate cancer combined.
- · Eleven million Americans provide unpaid care for people with Alzheimer's or other dementias.
- $\dot{}$ These caregivers have provided an estimated 16 billion hours valued at nearly \$271.6 billion.

"We'll make pudding for dessert," Mom said. We were fixing supper for what we figured would be his last meal at their home, a house they had designed and built together after years on the family farm. They'd maybe been in the home just over a dozen years, and



Growing up on a farm, Tricia learned about hard work and taking pride in a job well-done, working side by side with her dad, Orlan.

both thought they would be there together for a much longer time. My dad would always say how much he loved how the house had turned out and how they had designed it "just right."

We ate out on the deck on an unusually non-humid night in July in North Dakota. My dad loved nature, and even with advanced Alzheimer's disease, he would spot things in the trees, on the horizon line, or in the sky before we could. I would study his eyes and his reactions, just wondering how this Alzheimer's-afflicted mind worked these days.

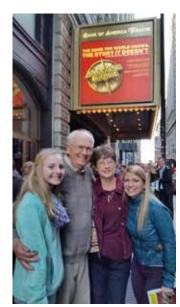
In 2022, the total national cost of caring for people living with Alzheimer's and other dementias is projected to reach \$321 billion. This does not include the \$271.6 billion in unpaid caregiving by family and friends. By 2050, these costs could rise to nearly \$1 trillion. Fifty-five percent of primary care physicians caring for people living with Alzheimer's report there are not enough

dementia care specialists in their communities to meet patient demands. I read these staggering statistics and just hope that I never get this disease.

Stoic. Norwegian. Lutheran. North Dakotan. That's how I'd describe my family. Whatever happens, you deal with it, and it's "fine." But, after dinner, as we were washing up the dishes and Dad was in our line of sight on the deck from the kitchen window (we had to keep an eye on him all the time now), my mom started to cry. I've rarely seen her cry. "What if we aren't doing the right thing?" she said, referring to the decision to place him in a nursing home. I gave her a hug and said, "It's time, Mom, and everyone I've been talking to says that this part

is the hardest, just making that decision and wondering if the time is right, but it really is going to be the best for you and Dad."

We went to bed with heavy hearts that night, so heavy your heart hurts. But, through the pain and sadness I felt for the lifestyle I knew for my dad was gone too soon, I also saw so much love. From all the acts of love during their marriage, all the caregiving my mom had done over the last several years, down to the recent buying and washing of the new sheets "so they'd be softer for him," and making his favorite dessert on his last night home, I saw the acts of love. I was witnessing a love story that had been going on for almost six decades.



Always a fan of traveling to see family, Tricia's dad is here in Chicago with Tricia's niece, Leah Pozen; Elaine; and Tricia at the musical Amazing Grace.



Tricia's Trekkers join the Walk to End Alzheimer's in 2021
Singletree 33



Dad Orlan, Mom Elaine, and Tricia at the Georgetown Loop Railroad in 2017

I decided to cling to that power of love. We can't change the diagnosis, but we can love our family and support them. We can replace sadness with love, worry with love, impatience with love, anger with love, loneliness with love.

In order to help my mom, I leaned on the support of the Alzheimer's Association. I called the Help Line, viewed posts on their chat rooms and blogs, and attended educational events they hosted. I also volunteered time and raised money for a cure and treatments to spare other families or even myself from living with this disease.

We are walking this year on September 24 at Brush Creek Park in Eagle to help fight Alzheimer's disease. Our annual walk has changed its name to the Rocky Mountain Walk to End Alzheimer's to include communities in Summit County and the Roaring Fork Valley, and beyond. We are all trying to fight this disease, and the money raised from this event helps



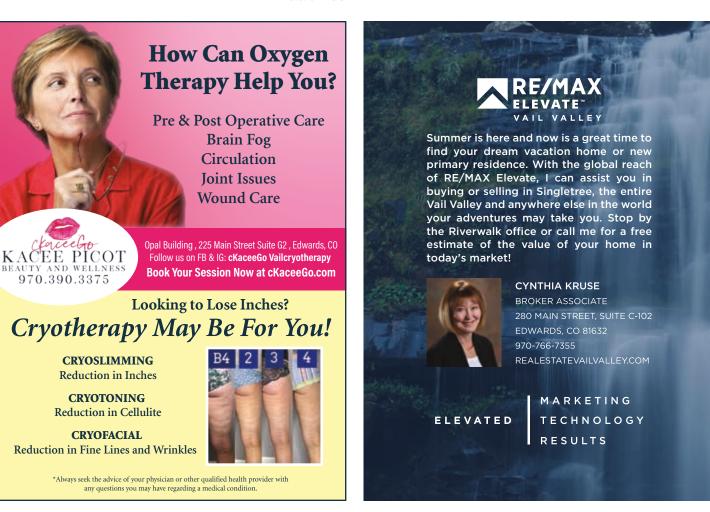
Orlan brings out his sense of humor with an ugly Christmas sweater in 2019



Tricia and Dad Orlan share a dance at her wedding

fund research, educational programs, help lines, and other resources.

Please join us as we strive for a world without Alzheimer's disease. For more information and to sign up to walk, please visit alz.org/walk.









volunteer spotlight

Judy and
David Carson Offer
Experience, Passion,
& Commitment

to Enhance the Lives of Others

Contributed by **Judy and David Carson**, *Singletree* Residents Article Written by **Tim Swift**, *Singletree* Resident

udy and David Carson personify the ultimate oxymoron: They are, by definition, professional (as in getting paid) volunteers (as in working very hard for no remuneration whatsoever)! Any of you gentle readers who have ever attended a Bravo! Vail concert, a performance sponsored by Vail Jazz, or a production at the Vilar Center have no doubt encountered them as ushers and, in all likelihood, been graciously and efficiently shown to your seat. Judy and David moved to the valley in 2005 parttime, settling in *Singletree* following their retirement, and they began their support of the valley art scene a year later in 2006 as ushers at the Vilar Center. They became full-timers in 2009.

David spent 30 years at Babson College in Wellesley, MA. During his tenure there, he served as Dean of Students and later as Director of Planning for the college, responsible for the development and construction of numerous new facilities and buildings that remade the entire campus. During David's stint at Babson, Judy worked in a number of private schools near their Massachusetts home as well as served as the office manager of their church. Judy discovered her true calling at age 59 and became an editor with textbook publisher Simon & Schuster. She also was an editor/writer for Babson College publications.



David and Judy in their Vilar regalia

They both retired in 1999 and moved to the seaside Massachusetts town of Westport, commuting to and from Edwards for four years, before moving to Vail for much the same reason so many retirees do: Both of their children lived here. Their son, Al, lives in Gypsum and their daughter, Andrea, lives in Singletree with her husband, Marcus Georgopolis, and son, Carter.

Before moving west, winter found Judy and David and their two children skiing from their Vermont schoolhouse near Burke Mountain. David, a native Canadian, grew up skiing in the Laurentian Mountains in Quebec and made his first visit to Vail in 1963, a year after it opened. In a typical example of youthful *je ne sais quoi*, he made that trek to the Rockies in a Triumph TR-4, perhaps the least capable winter mountain vehicle ever produced that isn't a motorcycle! Despite his choice of transportation, he survived the trip and fell in love with the area. The Carsons' first extended stay in the Rockies was in 1980 when they and a cohort of Vermont friends rented a house in Breckenridge.



David and Judy in Burke, VT, in 2004



Christmas 2018 for the Carson family: David, Judy, Alex, and Andrea

Although artistic volunteer positions are their most recent and, perhaps, their most visible efforts, they are by no means their only ones. Judy is a strong supporter of Planned Parenthood as well as serving with the Literacy Project since 2007. She tutors at Berry Creek Middle School, helping students raise their reading levels. In New Bedford, MA, she led student tours as a docent at the Whaling Museum.

David was active on various Massachusetts town committees. While living in Vermont earlier, he was a volunteer ski instructor at Killington, teaching local kids the joys and skills of skiing, for whom the cost might have been out of reach.

Together, Judy and David Carson represent one of our community's greatest assets: using our collective experience, passion, and commitment to make others' lives richer and more enjoyable. We are fortunate indeed to have Judy and David, as well as others like them, in our midst, making our home the wonderful place to live that it is.



A look back: Andrea and David in 1995





youngachiever

Exploring Human Connection

Contributed by Stella Addis, Singletree Resident



MEET STELLA ADDIS. A member of the Class of 2022 at Vail Mountain School, she is a passionate and inspiring young woman who capitalized on the opportunity to explore her interest in the human experience and human connection through her senior project. Along the way, she had the great fortune to meet members of the Vail community from various walks of life to learn their stories and to grow from these intimate conversations.

In her introduction to the project, Stella notes the perceived lack of diversity in Vail as a result of its status as "a ski town filled with world-class ski racers, wealthy business people, and tourists. What many are unaware of is there are service workers, homeless people, legal immigrants, and varying racial and economic backgrounds that make up our community."

She continues with the details regarding her process. "I've investigated this topic by talking with people from all different backgrounds around the valley in order to humanize the "other" people of Vail, as well as share their experiences with a broader group of people who are unaware of the realities that exist. I've researched the psychology of connecting with strangers, vulnerability, the science of fear, and the importance of listening and using empathy in conversations to get some background knowledge on this topic."

Included in her gallery, titled "The Real Stories of Vail," are photographs of the individuals she had conversations with, paired with a transcribed conversation that takes the form of a story. In compiling this collection, Stella was striving for her goal "to provide a holistic picture of who makes up our valley!"

Behind the scenes of the gallery, Stella shares with us the rewards as well as the









challenges she faced in compiling this remarkable reflection on diversity in the Vail Valley.

What inspired you to take on this project?

At the start of this project, I always knew I wanted to do something on the human experience. After traveling to Tijuana my sophomore year with SStS, I discovered the power of talking to strangers and the importance of listening and showing compassion. I was inspired by Andre Bradford, a slam poet that came to speak at VMS

earlier this year, who really understood the importance of showing empathy. I was also inspired by the work Joshua Coombes does with the homeless population around the world (you should definitely look him up!). I was also lucky enough to have him as my outside advisor throughout this process.

What were some of the challenges you incurred over the course of your work?

I experienced multiple challenges throughout this project. Although Joshua Coombes was an INCREDIBLE advisor, it was very hard to find meeting times over zoom that worked with his busy travel schedule. Another challenge I had was really applying my research to each conversation. I had studied the brain science of fear, empathy, and vulnerability, but having conversations with strangers is a learning process, and I wasn't great at using what I learned in my first conversations.

Another big challenge in the project was transcribing conversations. I met a lot of incredible people but had to form short blurbs from hour-long conversations. I knew I couldn't include everything, so I mainly had to go with my gut on what were the most meaningful parts to me.



How did you feel during your first conversation?

I could tell from the first time I met Ron that he was someone who had influence. I introduced myself to Ron as he finished up cleaning the dishes in the sink. It was March 9, and it was going to be the first conversation I had with a stranger in the community. Internally, I worried that I was in over my head. I had heard of Ron

Davis in the past, but I really didn't know much about him going in.

What did you find to be the most interesting part of the process?

The most interesting part of the project was definitely having conversations with people from a range of different socioeconomic backgrounds. This was also the most enjoyable part of my project. From my research, I learned that although many of us have a fear of difference and a fear of the unknown, we can actually rethink these emotions. By characterizing these emotions as more positive feelings (for example, excitement instead of fear), they begin to become less daunting. I kept this in mind when I went out to talk to people.

The people that make up our community are special, to say the least. Everyone has a story, and I was lucky enough to get a glimpse into the lives of so many individuals in the Vail Valley.

What was the most surprising thing you learned in your conversations?

I think what was most surprising to me during the conversations I had was the level of vulnerability people displayed. I had done all the research, and I knew how to create

a space for people to be open, but it was surprising how fulfilled I felt after moving past just having small talk. I think many people assume that strangers don't want to know personal details or there's no reason to share them in the first place, but the connection that comes after makes the experience worthwhile. Just by listening and opening up about aspects of my life, I was able to have an open and honest conversation with individuals.

What is the greatest thing you learned about yourself in completing "The Real Stories of Vail"?

Throughout this process, I've grown a lot. I learned to step out of my comfort zone, and I've learned so much about conversations. A conversation isn't meant to be won; instead, the speaker and listener are working together to have a two-sided conversation that is meaningful for both parties. Throughout this process, I've also learned I like to challenge myself. When I told people I was having conversations with strangers, people thought I was in over my head. A conversation with strangers is always going to present worries and fears, but I always kept the importance of this project in the back of my mind.





Putting ourselves in other peoples' shoes and seeing the world from varying perspectives is incredibly important. I've also learned in this project that I love people. That doesn't sound too amazing, but it's really true. I love people, I love having conversations, and I love forming connections with people from different backgrounds than my own.





Strategies

Focus Areas

Jeremy L Lepore

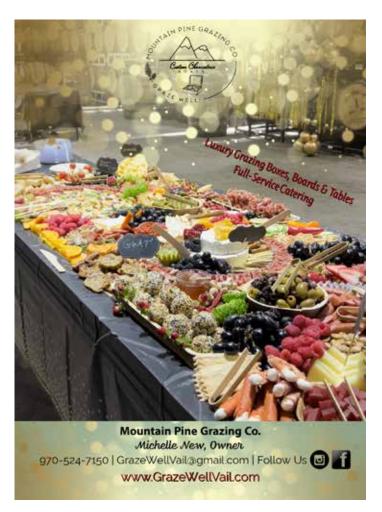
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