

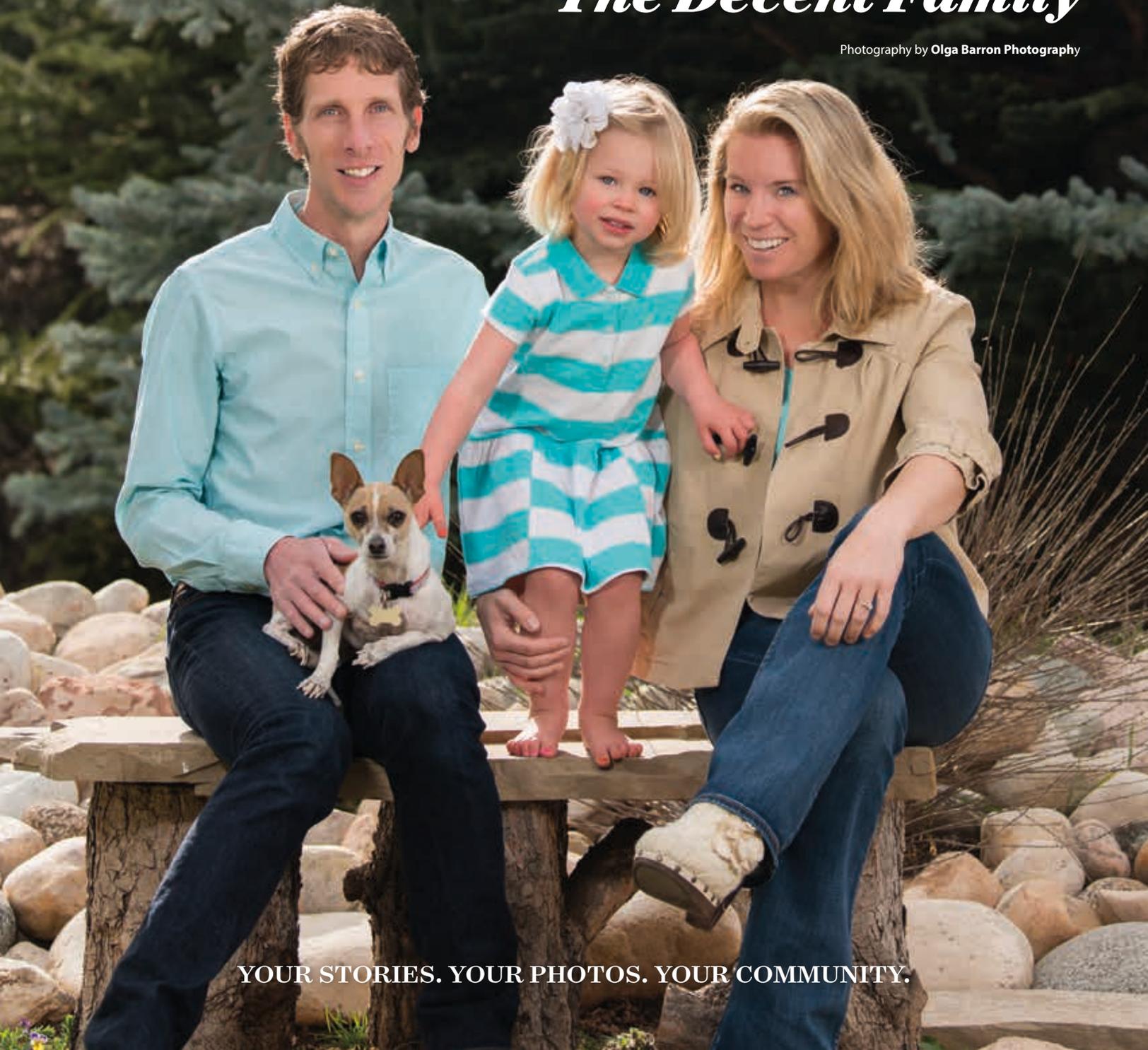
# INSIDE *Singletree*

JUNE 2017

A SOCIAL PUBLICATION FOR THE RESIDENTS OF SINGLETREE

## *The Decent Family*

Photography by Olga Barron Photography



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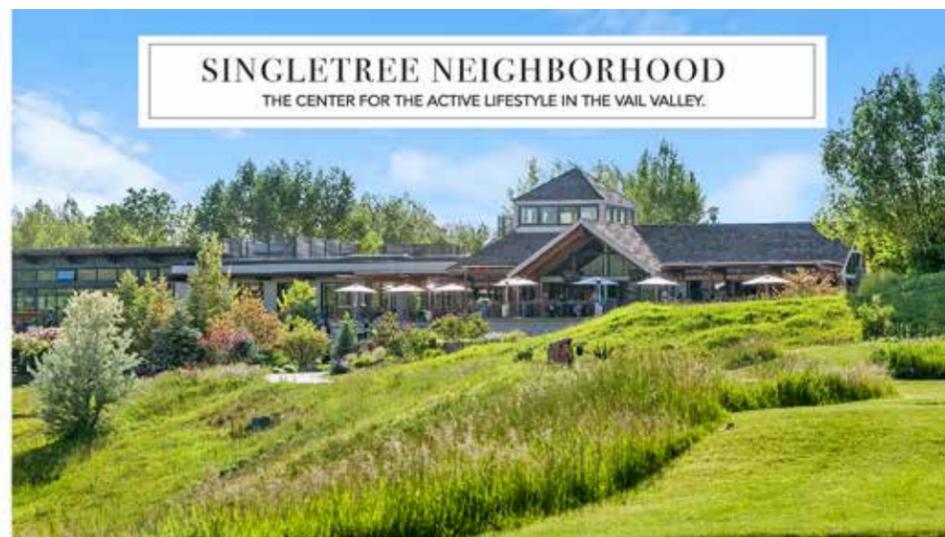
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Happy First Anniversary *Inside Singletree*! It is hard for me to believe that one year ago, the first issue of your neighborhood newsletter was delivered to your post office box. Since then, I have been so fortunate to meet so many wonderful residents of the community. I would like to express my sincere appreciation for your support over the past 12 months; your contributions to the publication and your participation in our events are what make this magazine what it is today.

Very importantly, I would like to recognize and thank our business partners. Our sponsors have made *Inside Singletree* not only possible but successful! Without their investment in the neighborhood, there would be no publication; please be sure to give them the opportunity to win your business when you need their service or products.

And please join me in welcoming Avon Auto & Truck as our newest sponsor; be sure to take them up on their offer for discounted oil changes this month!

In this issue, Allie Decent entertains you with a day in the life with a toddler; many of you are living or will remember those days! We meet Mike Begg, who offers what everyone wants but doesn't know where to find: an Honest 2nd Opinion, and we are fascinated with getting to know Ingrid Dampier, Singletree's own real live "Hidden Figure".

We have amazing events scheduled for June! Here, Tom Stoffel gives you a glimpse of the thrill of fly fishing in anticipation of our Father's Day celebration and George Tedesco encourages you to participate in the *Habitat for Humanity* Singletree Community Build Day. Don't miss out on the fun!

Again, my heartfelt thank you for your participation and support in making *Inside Singletree* what it is today. I look forward to many many more years ahead with you!



*Holly Proctor*

**Publisher and Area Director**  
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RSVP to [insidesingletreersvp@gmail.com](mailto:insidesingletreersvp@gmail.com) or call Holly at 303-859-3369 and join the Singletree community in a fun and productive day. If you have questions, please email Andrew at [andrew@habitatvailvalley.org](mailto:andrew@habitatvailvalley.org) or call 970-524-4663. Directions and additional logistics will be provided upon RSVP.

### singletree happenings



# Lift. Tone. Burn.

Several Singletree ladies have learned that LTB takes on a new meaning at *Pure Barre*! Graciously hosted by Rebecca Pellican, Singletree resident and owner of the Pure Barre studio in Riverwalk, the evening featured an inspiring workout by Katie Denton, followed by well deserved refreshments including wine and a selection of hors d'oeuvres presented by *Second Nature Gourmet*. Looking for a new challenge in your workout regime? Check out *Pure Barre* and learn what LTB can do for you!

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## NO CONTRIBUTION IS TOO SMALL

*Inside Singletree* would not be possible without your participation! Each month, we are fortunate to have the opportunity to meet residents in the neighborhood through their stories and photos. Please email [holly.proctor@n2pub.com](mailto:holly.proctor@n2pub.com) with your articles, pictures, and ideas or to nominate your friends and neighbors to share their lives with the community. We welcome any and all involvement!



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meet your neighbors

# Greg, Allie *and* Willow DECENT

Photography by Olga Barron Photography Inc.



Hello Singletree! We are delighted to be in the June issue and to introduce ourselves formally to our friends and neighbors. When our intrepid editor, Holly Proctor, asked me in what direction I wanted to take our feature, I immediately knew that we had to do an article and photography that tells the truth about our crazy lives as parents of a toddler. Before I begin, I'd like to formally thank Olga Barron for bearing with us during the photography session. She actually made the chaos seem artistic, uniform, and magical. Aren't we a lovely and put-together family?

In reality, I had forgotten to tell my long-suffering husband Greg that we even had a photo shoot that Wednesday. Olga and Holly arrive about three minutes before he does this afternoon to a cacophony of an angry chihuahua and a screeching toddler who is determined to take her "pictoos nakeee mommy." Greg steps in and shoots me a questioning look and I yell that his outfit is upstairs please go put it on and then help me get Willow into her dress. Meanwhile the dog Desi is still barking up a storm and I'm frantically running around the dining room table trying to catch her and cursing myself silently that I once again forgot to lock her away before new people showed up.

The Armistead boys have arrived at this moment to play, which is routine since our back yards border each other and it's a very warm early April day. Willow runs outside with no pants on to begin her "delicate" inspection of Olga's very expensive photography equipment with the Armistead's youngest son, Beau, gleefully helping. It takes Desi a full 5-10 minutes before she calms down enough to only bark occasionally.

To top it all off, Willow had decided that it was a great day to have skipped her nap, and consequently she is now grumpy since I had spent the better part of an hour reviewing a listing contract

with a client over the phone and silently shushing instead of playing Littlest Pet Shop with her on the living room floor. Normally I fit all of my work into the two hours of blissful nap time, but when it rains it pours. Is it 5 o'clock yet? Mommy needs a drink.

Welcome to a typical Decent day. And yes, we've heard all the possible word-play and jokes on our last name and we take ownership for it. Heck, if you can't laugh at yourself, you're gonna have a bad time. (That's a South Park reference and it's funny, so laugh). I honestly love having a name that is memorable that also works for my business as a real estate professional. I mean, if someone is going to list their home or wants to buy a home, they should at least hire an agent that's Decent at their job. Okay, enough about me. Let's do the obligatory history portion.

Greg grew up in a little upstate New York town called Watertown with his older brother and little sister, and always dreamed of living out west and teaching skiing. He attended Colorado Mountain College in Leadville and worked for Vail Resorts as a ski instructor at Golden Peak during the season and for a little gardening company in the summers. His quiet passion is building lego



replicas of historic buildings and he has even won awards! We now have three gigantic tubs (and I mean gigantic -- these things can each fit both Greg and I in them together) of broken-down lego buildings and sets taking up storage space and awaiting the days that he and Willow can start building them together.

If you read the December 2016 issue of Inside Singletree, you know how much road running has shaped him into the stoic, starkly funny, sincere man he is today. Over the last 19 years, he has built up his professionalism within the Valley and is now Associate Accountant for Accounts Payable at East West Destination Resorts. Playtime is over kids, wake up and make money!

I am a Philadelphia mutt hailing from the south Jersey shore. My father is a first-generation Italian American and my mother's family history is old enough that I am a Daughter of the American Revolution (DAR). My parents still live in the house where I grew up a stone's throw from a crisp stretch of Absecon Island beach. The sprawling Victorian carries a redolent reminder of sandy feet and salty treasures; the silent decay of our childhoods buried into the Turkish rugs.

My brother and I grew up golfing and skiing and playing squash, and we both attended The Hill School in Pottstown PA for boarding school. We moaned about it because those were not "cool" sports and going to boarding school was not what any of our friends were doing. Over time though, we learned to never underestimate the value in obscure sports and a quality education. In fact, I received a scholarship to Dickinson College for golf and my brother attended Tufts University for squash.

I met Greg in 2007 when I first moved out here to teach skiing in between college and law school. My family had always come out to Vail to ski during school holidays and I felt this deep sense of peace every time I touched down in Denver. I just wanted to be here, to drink this experience before my real life was to begin. Greg had been here for 10 years, living and working as a beautiful ski bum golden boy. He was supposed to be my trainer at Golden Peak, but that responsibility quickly became "unprofessional," har-har.

Those first few years were a hazy blur of physically hard work followed by afternoons sliding into evenings at The Fitz Bar and rides home on the East Vail bus line to our 550 square foot apartment. Oh, yes, I did attend law school briefly but gave that up after one semester and returned to the Vail Valley. My poor parents!

We moved to Singletree in April 2014 and honestly couldn't believe our good fortune. Greg secured a great promotion, my pregnancy was going very smoothly, and we had just returned from the Boston Marathon where Greg ran his best time ever: 2:49:10. For your education, that's an average of a 6-and-a-half-minute mile for 26.2 miles. While Greg was at his peak athletic performance shape that weekend, I had just realized that I needed to invest in slip-on low clogs since access to my feet was now impossible.

Every time I think of having another child, I'm reminded of just how hard it is to live in the valley of the athletic. I remember being denied breath on the hill behind the Singletree Community Center in my slow walk that I insisted was still a run nine months into the experience. Willow and I race up that infamous "walking path" together now.

And so it goes. As I complete this inadequate summary of the lives of many, concentrating on a few, the sun has set behind the mountains. The magpies cackle in my neighbor's blue spruce and echo the cries of the children who have disappeared into their own nests for the night. Glowing yellow pools of light show flashes of the families in their routines, preparing dinner, disciplining, laughing over glasses of wine. It's still too cold to be outside after 6, and our daughter's breath makes clouds of sorrow on the sliding back door as she watches the light die and knows that bedtime is an inevitability.

...



...

Greg looks at me and asks how the article is going. My disgruntled reply is the cue he needs to fold up Willow in his arms and quiet her protests, beginning her nighttime routine. She wants him to read the Frozen book again, and he chuckles deep in his chest. That particular "book" is from Costco and is 180 pages long, consisting of 25 short stories. She thinks she's so smart. If she's lucky, which she is, he will read at least two before her eyes close for the night.



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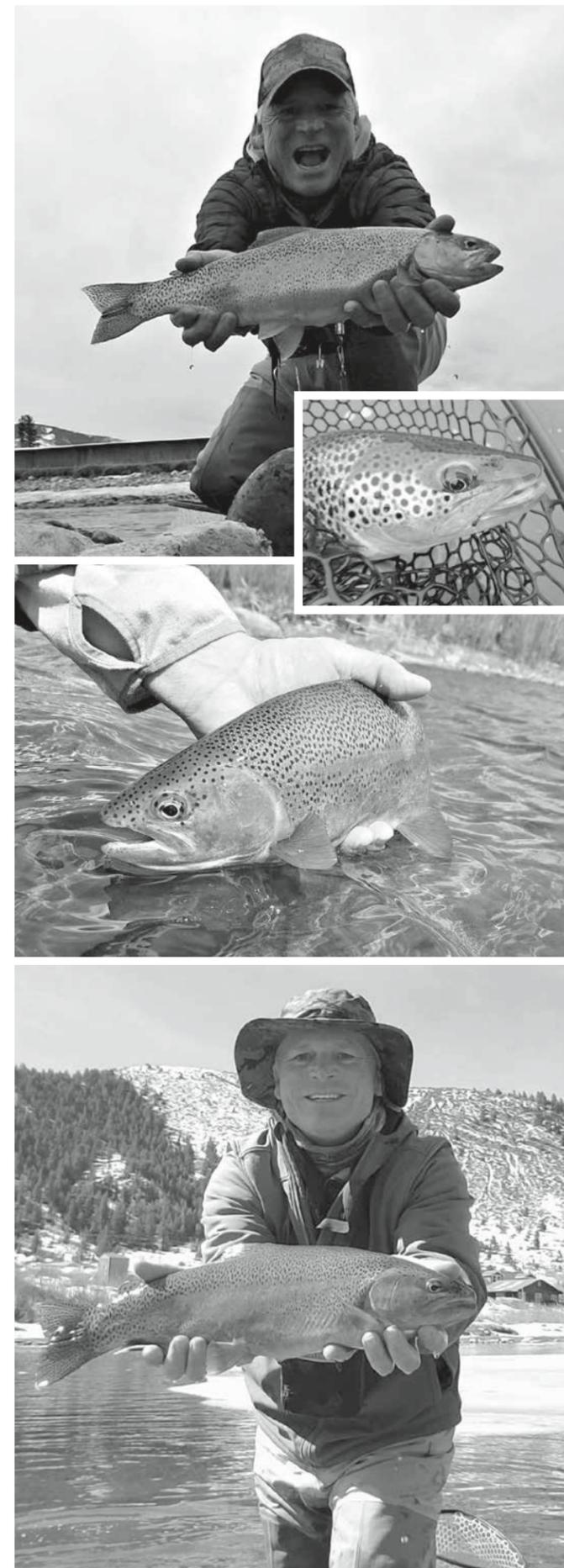
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athlete spotlight

# Hooked At Six

Contributed by **Tom Stoffel**, Singletree Resident

As a kid, my father took me fishing to a lake in Northern California and set me up with salmon egg on-hook and told me to wait until I felt a tug on the other end of the line. I waited for a 6-year-old's maximum ability of about 60 seconds and began reeling only to lose hook, line, and sinker to the rocky bottom. Dad rigged me up again and repeated the "wait until you feel a tug" in a louder and slower tone as if that would help me understand his instructions. Many rigs later, Dad's patience and mine were matched up at about 60 seconds, so he replaced the weights with a floating bobber and I caught my first fish! A 6-inch rainbow trout. It was a life-changing event for me.

I wanted to get better and learned to tie my own Riggs as Dad's patience grew shorter than sixty seconds and mine grew longer. I mean like all day longer. Grandpa was a fisherman's fisherman. He told me a story of a Native American guide he'd hired to take him trout fishing on a wilderness horseback trip. Grandpa caught many trout on red worms and salmon eggs, but his guide caught many more with a willow stick, braided horse tail hair leader, and a piece of red thread torn from his shirt and wrapped around a borrowed hook. He was fly fishing! And, so my interest in flies and fishing began.

I started fishing with store bought flies and a clear bobber. Hand tied flies were expensive and trees were easy to catch. So, thanks to Mom the artist, I took fly tying classes and bought a small creek fly rod as a teen. I still have my first fly rod but some tree has that first fly. Fly fishing is something that I have enjoyed on beach vacations from Mexico to Maui. But, you'll be amazed at the opportunities we have in our own Singletree backyard. The streams, rivers, and lakes within minutes of here are world class.

Don't think that I'm single-minded, there's ice fishing too! Seriously, fresh tracks with my wife, Lisa, Mozart, Metallica, mountain bikes and hikes are what make me tick. Golf with good friends and a warm campfire are hard to beat. I don't know if it's possible to enjoy all of the above on the same day, but I'd like to find out.

Don't miss the **FATHER'S DAY FLY FISHING FUN** on Friday, June 16, 2017. Please see page 7 for details!

sponsor spotlight



# P. FURNITURE & DESIGN II AND VAIL LIGHTS



**Hello!** I am Kathy Peplinski, owner of P Furniture & Design and Vail Lights. Joe and I moved to Vail from Edgerton, Wisconsin in 1975; our first job was as property managers at Vantage Point in Lionshead. We have two children, Joey and Kerry. Joe and I are so lucky both children, spouses and five grandchildren live in the Valley.

P Furniture and Vail Lights offer complimentary design services. We are happy to come to your home and help with any furnishing or lighting questions. Both stores carry all the large lighting and furniture manufacturers. We offer many options at all price points. So no matter what your budget is -- we can help!

I love what I do -- meeting and working with such wonderful people. I am so lucky to be able to work with my daughter, Kerry. I opened P Furniture when she was only one year old -- she has literally grown up in the business! I am also lucky that most of my employees, Sarah Meehan, Honore Everly, Gail Crowder and Chris Smith, have been working with me for decades. Kari Gerber joined our "P Furniture family" two years ago!

*Easy, Fun and Affordable* has been our advertising slogan for years. This came from what our customers said after we helped them furnish their homes: "Cost less than I was expecting", "Much easier than I thought it would be" AND "We even had fun doing it!"

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I opened P Furniture in 1981-- the original store was only 900 square feet and over the next 33 years, expanded to 5400 square feet. We were in Eagle Vail for 33 years and three years ago we moved the store to Avon. In 1991, Kathi (Fisher) Oliver and I opened Vail Lights. Last fall, Kathi decided to retire and travel -- so I purchased her shares and moved the store to Avon. My son-in-law, William Lott, manages the light store. It is great having the two stores together in Avon!

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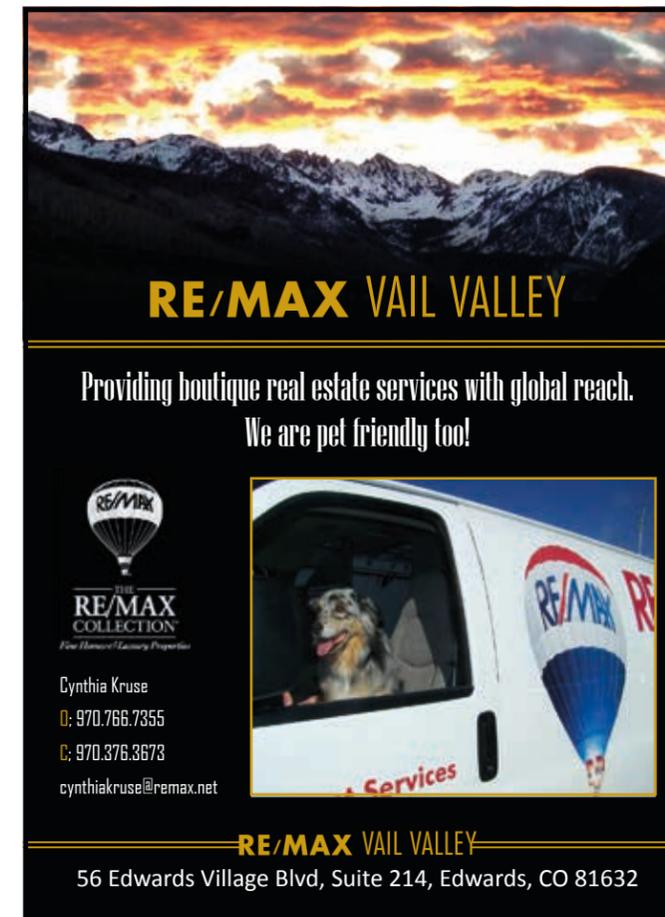


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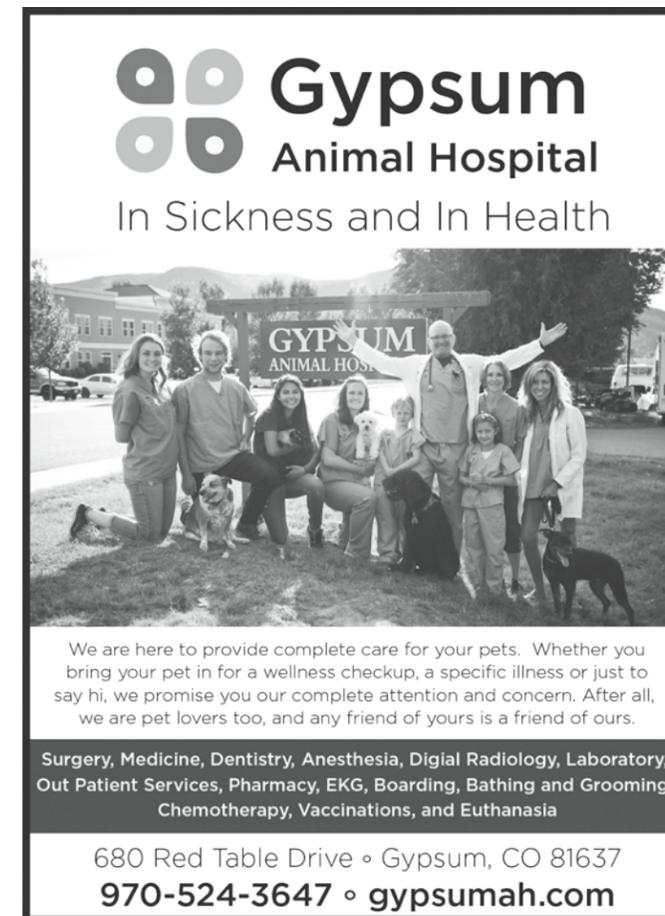


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## who's making a difference

Contributed by **George Tedesco**, Singletree Resident, and written by **Allie Decent**, Singletree Resident



George Tedesco welcomes volunteers to a Habitat for Humanity Build Day

## GEORGE TEDESCO LENDS A LIGHT TO EAGLE COUNTY'S HABITAT FOR HUMANITY PROJECTS

George and Maggie Tedesco gave up the Washington rat race for Valley mountain pace 11 years ago when he retired from his electrical engineer life to focus on skiing. Little did they know that George would keep himself very busy lending his expertise to Eagle County's Habitat for Humanity program ("Habitat" for short). "It's just the way things happen up here," he states, "We were at a party and someone learned I was in the electrical business, and they asked me to help with the projects and join the committee."

That was back in 2006, and he's still going strong today. "We call ourselves the Wednesday Regulars," he quips. "There are about four retired construction professionals who volunteer their time and knowledge to get these homes built." If working construction projects for a good cause sounds like something you want to get your hands on, George invites you to join the Singletree Build Day on June 28th down at Stratton Flats in Gypsum, CO.

"I think the amazing thing is the fact that they are helping people who are mostly involved in service work here in the valley," says George. "These kids come from places that aren't safe and move into a wonderful home they take pride in, and their parents just put down \$500 to own it and help us build it." Habitat for Humanity Vail Valley started building 21 years ago with their location at Fox Hollow in Edwards. "We built about 28 homes there, and now we have moved to Stratton Flats in Gypsum, where we have put up 30 so far," recalls George. Since its inception in the Vail Valley, over 200 local children have grown up in those homes.

Our local Habitat is an affiliate of *Habitat for Humanity International*, a non-profit organization that builds homes in partnership with qualified families in need of decent and affordable housing. Their goal is to eliminate poverty housing both locally and glob-

ally. But Habitat is not a charity program, giving free housing away. Families that apply are sold these homes at no profit to Habitat, with a zero-interest loan. The families have an affordable monthly payment that cannot exceed 30% of the household income. Finally, each homeowner must put in 250 hours of "sweat equity" into the home by helping the build.

The home build is probably the most fascinating use of modern "assembly-line" construction. "We build 6 homes simultaneously. We hopscotch around though, one home dried-in and another framed in, one piped and one with electric," says George. The truly tough tradesmen stuff requires workers with licenses, so don't worry that you'll be asked to wire a house! "The wiring is my job," laughs George. "Me and John Ricca with A-Phase Electric who gives us his umbrella license to practice. I am retired you know." So what do volunteers do at a build site?

Habitat sends prefabricated pieces, like structurally insulated panels, to the job site for large volunteer builds. "This way, we have volunteers who leave after one day with a deep sense of accomplishment. We can actually set up a whole floor in one day." George elaborates on what volunteers can expect to do during a typical build day. "We make volunteering very interesting. There is no menial labor. You will help frame the house, put the walls up, install the sub-floors and floor-joists." Whenever habitat has a "Build Day" like what Singletree will do this month, George and his team of volunteers will assign groups of people to different team leaders who will demonstrate and monitor the task to which you are assigned. "Hopefully some Build Day volunteers will find it so fun that they come back on a regular basis to help us complete the homes," muses George. "In this valley there are so many people happy to donate money or contribute at



Habitat for Humanity Vail Valley's Stratton Flats Project in Gypsum, CO; the homes pictured will be completed in June 2017. Habitat broke ground on three additional duplexes next door to these homes in March 2017.



George applies his skills from his former life as an electrical engineer to Habitat homes



George and a fellow volunteer on the job

the Carpenter's Ball, which is wonderful. But we do need more volunteers with time on their hands during the week." Andrew Donilon is the Volunteer Coordinator for the organization, and George calls him "the best coordinator I've worked with."

The Carpenter's Ball is by far the biggest fundraiser for Habitat for Humanity in the valley. This year it raised upwards of \$150,000, and the organization is nominated for the 2016 Non-Profit of the Year award for the Vail Valley Partnership luncheon at the Ritz-Carlton on Friday, May 12th. "This valley is so wonderful and we are very fortunate to own a home here in Singletree," says George. "It's the ultimate community. On the sunny side of the highway and the nicest people."

If you want to meet George, join us for our Singletree Community Build Day. Habitat is getting ready to break ground this spring on 6 more homes. The program is always looking for nominee families to apply to fill the homes. Applicants must be permanent legal residents or U.S. citizens with incomes between 35% and 80% of the median income in the county where the home is built; in Eagle County, that means \$30,900 - \$70,720 for a family of four. Families must be willing to invest 250 "sweat equity" hours per adult in the household and they must have lived or worked within our service area at least one out of the last two years. "There was a wait list about ten years ago, but now generally families that apply can get a house if they qualify," states George.

### SINGLETREE COMMUNITY PARTNERS WITH HABITAT FOR HUMANITY ON JUNE 28

Interested in Volunteering for the Singletree Community Build Day on June 28th? Contact [holly.proctor@n2pub.com](mailto:holly.proctor@n2pub.com) or Andrew Donilon at [andrew@habitat@vailvalley.org](mailto:andrew@habitat@vailvalley.org) or 970-748-6718 ext. 127. For more information on Habitat For Humanity, please visit [www.habitatvailvalley.org](http://www.habitatvailvalley.org).



**Are you passionate about a cause or purpose?** Do you know someone in your community who is deeply involved in a particular organization? Please email [holly.proctor@n2pub.com](mailto:holly.proctor@n2pub.com) to recognize people who are making a difference.

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kids' corner

Contributed by **Chance Trudeau**, Singletree Resident

*Words Of Wisdom From  
Chance Trudeau*

I am 12. my birthday is on February 17th. I go to Berry Creek Middle School. I occasionally bike ride to and from school. My dad works on the mountain on a snowcat, and he appraises houses all year round. Growing up is fast so enjoy it while you have it. Life is short, enjoy it. Adults say they can't play and they actually can. I've seen a 99-year-old grandma who does gymnastics.

**Tell me about the members of your family.** I live with my brother and my dad, and my cat Autumn. My dad's mom was French Canadian.

**What is your favorite thing to do? Like, hobby wise?** I really like swimming, mountain bike riding, and dance mainly. I like hanging out with my friends. I like chilling with my cat. I love cats.

**What's your favorite movie of all time?** That's a good question, I have a lot. *Gravity*, for sure. I like classy movies around Christmas time, like *Rudolph the Red Nose Reindeer*. I also love *The Shining*. I'm not afraid of anything. I like comedy a lot too.

**Who do you like to play with? What games are you playing right now?** I like to play with Avery. I like MarioCart on the XBox.

**What advice do you have for adults?** Take a breather. Kids are smarter than you think they are. Don't be so stressed, you know, breathe it all out. They can be kids too, they can jump around.

**What do you think is in store for you for 2017?** To get stronger, with my dance and you know, finish off sixth grade.

**Where do you like to go and what do you like to do on vacations?** I like to go mountain biking trips, like to Moab and Phoenix. I also like vacation when we go to tropical places. I remember when I was 5 we went to the Caribbean islands and we played with jellyfish.

**What do you love about living here?** I like the neighbors, I like the view. I like how nice the people are around me. I like my house.

**If you could change some things in the world what would you change?** I would probably change the water crisis in Africa, or get rid of starvation. I want to get clean water for the world. I want to stop war, and stop groups like ISIS.

Great meeting you Chance! Hope the end of the 6th grade goes great for you!



Singletree wants to meet your amazing kids! Email [holly.proctor@n2pub.com](mailto:holly.proctor@n2pub.com) to have your kid share their interests and activities with your neighbors.

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## professional profile

Contributed by **Mike Begg**,  
Singletree Resident



# Honest 2nd Opinion

Let's start by comparing two events that are very likely to occur at some point in the life of a Singletree resident. The cost of each scenario is approximately \$30,000, both will impact the individual significantly in both the short and the long term, and the effects of at least one of these scenarios may be life changing (both positively and negatively).

In Scenario number one, the individual will:

- Spend an average of 17 hours researching the topic online or with printed information
- Seek advice from a "third party" 70 % of the time before making the final decision
- Visit a minimum of two different business professionals before making a final decision to move forward
- Have the option to change the outcome of the decision if not satisfied, and will on average, repeat this process every six years

In Scenario number two, the individual will:

- On average have two, maybe three, visits of approximately 10-15 minutes with a business professional (totaling a maximum of 20 - 45 minutes)
- Research on the internet for an average of 30 - 60 minutes
- (Over 70% ) Never seek input from any other professional in the field before the final decision to move forward, giving the number one reason given as to why as, "fear of hurting the feelings of their first choice"

- Experience the effects of this decision and impact as life long, and once the "transaction" has been completed, the results cannot be changed without a significant effort, as well as financial impact, and even with best efforts given, will never return to "normal"

More about these two scenarios later...

In the Valley, it doesn't take long to find someone who has had one (or many) visits to see one of the physicians at two world-class orthopedic groups in the area. We are blessed to be served by such talented and dedicated professionals when it comes to putting the pieces back together again.

Over the past 20-plus years, Mike Begg, Certified Physician Assistant / Athletic Trainer, has been fortunate to be influenced by these professionals, both directly and indirectly. In 1995, Mike was the first Physician Assistant to be hired at the "Steadman/Hawkins Clinic" working directly with Dr. Bill Sterett. With only three physicians in the clinic at that time, Mike took full advantage of the daily learning opportunities from Doctor(s) Steadman and Hawkins.

In 2000, Mike left the Vail Valley to work with a Steadman/Hawkins Fellowship Trained Orthopedic Surgeon in Durango, "The Steadman Clinic". After 14 years he returned and this time, he teamed up with Dr. Steve Singleton, another past Steadman/Hawkins Trained Fellow, who had been in South Carolina

working with Dr. Richard Hawkins, as a founding partner of "The Steadman Clinic of The Carolinas". Dr. Singleton had been asked by Dr. Richard Steadman to return to Vail to transition the care of his patients as he moved off into a well-deserved retirement. The opportunity to work with Dr. Singleton, and the ability to continue the "Steadman Legacy", was about as good as it gets for a professional who has dedicated the past 20 years of his career to helping athletes and active individuals maintain their chosen lifestyle. With that in mind, Mike and his family soon found Singletree and are now happy to call it home.

The long time professional relationship and friendship between Mike and Steve Singleton is based on mutual respect and admiration, and this is the approach this team takes with regard to patient care. They see patients as individuals who have questions and who are looking for answers, and the team is intent on finding out what their goals and expectations are regarding recovering from injury and providing comprehensive education regarding all the options available. They believe listening and educating are always the two most important objectives of any patient interaction. With more than 50 years of combined experience, this has proven to be a successful approach for both Mike and Steve when it comes to treating patients with orthopedic and sports medicine injuries.

To extend the reach of this personalized approach, in early 2017, these two became business partners launching *Honest 2nd Opinion*, an online orthopedic second opinion business. H2O is founded on giving patients time to tell their story (45 - 90 minutes of contact time), reviewing all previously obtained studies and outcomes of prior visits, taking a team approach to create treatment options, and providing an educational summary so the patient fully understands all the steps involved with the treatment plan. The team is also able to capitalize off the many connections made over the years if a referral is needed.

To add to this approach, they also created a free, ever growing, educational website for patients to easily access and learn about various injuries and treatment options. Still in its infancy, the

business is growing fast and has reached across the U.S. and recently, internationally, helping those in need understand all that is available to them.

The H2O team admits they have been blessed with incredible opportunities in the past. As the Head Athletic Trainer of a professional football team, Mike has stood on the hallowed ground of Wembley Stadium and the infield of the 1992 Barcelona Olympics. Dr. Singleton has been Team Physician for the Texas Rangers, Dallas Stars, and multiple NCAA athletic teams. Those blessings being honored, they both find treating neighbors and those that they see in the community on a regular basis as rewarding as the professional athlete who may score the winning goal or win the Indy 500. *Honest 2nd Opinion* has allowed them to reach into other communities, many not as fortunate as we are here in "The Valley", and provide the type of care that all deserve.

What were those two real life scenarios all about?

- Number one - Buying a new car
- Number two - Deciding on a treatment plan concerning a major orthopedic injury

Mike and the team at *Honest 2nd Opinion* understand that they may never change the numbers given in the opening scenarios and that the average American will always be obsessed with the automobile, taking accessibility to exceptional health care for granted. At the same time, by offering this opportunity to those who choose to take a different approach, they know they are having a positive influence on the process and adding value to that patient's life, and when it's all said and done, isn't that what it's really all about?!

For additional information regarding *Honest 2nd Opinion* check out [www.Honest2ndOpinion.com](http://www.Honest2ndOpinion.com) and [www.H2OEducation.com](http://www.H2OEducation.com) or contact the team at 1-844-4TEAMH2O.



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# NEWS YOU CAN USE

## Mark Your Calendar



The Singletree Summer Concert Series kicks off on Tuesday, June 6th, with Turntable Revue. Rain or shine, bring a picnic and join your neighbors from 6 to 8 PM at the Singletree Community Center.

Singletree's Annual Summer Party is on Saturday, August 26.

THANK YOU!

## MANY THANKS

to the 15 Singletree residents that cleaned up dog poop from the Sonnenalp Golf Course last month. Thanks to the Sonnenalp Club employees that helped too!



**DID YOU KNOW** that Berry Creek Metro District and Singletree Property Owners' Association have a website with up-to-date to date information? You can find it at [www.singletreetoday.com](http://www.singletreetoday.com).

**DID YOU KNOW** that there are fewer than 10 vacant lots left in Singletree? In the past two years there were more than 10 new homes constructed in Singletree.

**DID YOU KNOW** that it is permissible to have trampolines, children's toys, bicycles, and playground type equipment on your lot? It must be placed within the minimum lot setbacks (12.5' side, 25' front, 15' rear) and should be located to reduce visibility from the street.

**DID YOU KNOW** that fitness classes are offered Monday – Friday at the Singletree Community Center? Classes are \$8 each or a 10-class punch card is \$75. Check out the schedule online.

**DID YOU KNOW** Singletree Owners may pick up a Sonnenalp Club Golf Card good for up to six rounds of golf at a reduced rate? Cards may be picked up at the Singletree Community Center.

# SINGLETREE

## Berry Creek Metro District and Singletree Property Owners' Association

1010 Berry Creek Road at the Community Center

You can contact the community manager at [manager@singletreetoday.com](mailto:manager@singletreetoday.com) or (970) 926-2611

[www.singletreetoday.com](http://www.singletreetoday.com)

what's happening inside singletree

# A Little Taste Of *France* IN OUR BACKYARD

Photography by **Olga Barron Photography Inc.**



On a blustery April evening, Marc Rouse and Josh Stevenson warmly welcomed Singletree residents into their intimate neighborhood bistro, *The French 75*, for an evening of small plate tasting and neighborhood socializing. *The French 75* is the most recent in a line of successful businesses founded by Restaurant Chef/Sommelier/Owner Marc, including *FOOD! By Marc*, a private catering company, *Barra Pintxo*, the only Spanish tapas restaurant in the Vail Valley (located in Avon), and *The Crazy Wagon* food truck. While each operation reflects a very different concept, Marc's dining options consistently offer guests exceptional food and stellar service. Such was the experience at *The French 75*.

Marc's newest establishment, located in Riverwalk in Edwards, is a unique restaurant featuring 30 wines by the glass, beer, cocktails, including the renowned "French 75", and a French-inspired menu. To begin, Singletree residents enjoyed individual mini crocks of French onion soup, which was a "very clever presentation", as noted by Jacqueline Goldy, while her fiancé, Chris Wachendorfer described the soup as "left me wanting more". Mike and Traci Wodlinger deemed the soup "amazing - one of the best in the Valley".

The beet salad, featuring a combination of baby greens, chevre, orange, fennel and walnuts, finished with a balsamic vinaigrette, received high marks as well. Judy Whetstine particularly enjoyed the oranges in the salad as a "nice contrast" and another guest picked up on "the sweet beets with a hint of tartness" in the salad. The tartine duck confit was acclaimed as the "best taste tonight" by one Singletree guest who remarked on the unique balance of flavors for this appetizer featuring duck confit, duxelles, orange marmalade and chives. Clint and Sarah Janssen described the tartine as "top notch" and another reviewer described the tartine as "Fabulous! Very moist & a tasty treat!"

The bistro burger was a 'melt in your mouth' experience. Topped with a combination of white truffle, artichokes, grilled onions, sautéed mushrooms, and swiss cheese, these sliders deliciously slid right down. Judy Whetstine loved the sauce and Jacqueline remarked that the burgers were "very tender and juicy".

What is a burger without fries? Certainly not all fries are created equal, but *The French 75* version was described as "the perfect fry with the right amounts of salt and truffle" and another said these fries were "Crisp



and tasty; not overly truffle. A whole bushel is easily downed!" Linda Hryckowian described the truffle fries as "delightful". Simply put, as one Singletree resident stated, "Do you have to ask? These truffle fries are awesome!"

Not only was the food reviewed with high acclaim, the atmosphere and the service received high marks as well. Bob Rush liked the intimacy as did many others when asked about the newly remodeled space. "Love the atmosphere," said one guest, while the Wodlingers described it as "small, intimate, yet lively - a good vibe". "Wonderful", "fun", "lively", "cozy", "comfortable"... all were used to describe the atmosphere, which Sally Austen aptly summed up in one simple word: "perfect".

Finally, what is it that truly makes any dining experience outshine others? Service and hospitality. And this is where Marc Rouse and Josh Stevenson truly outdo themselves as a team. With 22 years of experience in the food and wine industry, Marc is a consummate professional, sliding from table to table with a big smile, greeting every guest and engaging in friendly conversation. Behind the bar, Josh is gregarious and inviting; with 29 years in the hospitality field, it is abundantly clear he loves to meet new clientele, welcome newcomers, and create unforgettable experiences for his guests. The overwhelming feedback from all of the residents was tremendously positive and appreciative of the fast and friendly service provided by Marc and Josh.

Bottom line: these Singletree residents will return to *The French 75* to again experience the outstanding French-inspired cuisine, intimate and inviting atmosphere, and warm hospitality of Marc Rouse and Josh Stevenson. The next time you are looking for a refreshing lunch option or a truly enjoyable night out, you owe it to yourself to experience *The French 75*. Bon appetit!

DISCLAIMER: The business reviewed in this section provided products and/or services free of charge in exchange for this review.



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Showcase of learning at the SCCS STEM (Science, Technology, Engineering and Math) Fair



SCCS students "living their learning" at the Steadman Clinic

## the mustang minute

Contributed by **Jason Mills**, Executive Principal



# Develop The Mind. Excite The Spirit. Change The World.

The living mantra of Stone Creek Charter School (SCCS) captures the heart and soul of education: to guide and equip children and young adults with relevant tools, skills, and character virtues as they learn, grow, and become. This is what drew me to join SCCS's learning community.

Twenty years ago, I moved to the valley after teaching outdoor education at a camp in Estes Park. While working in the resort industry for a few years, I solidified my love and thirst for the mountains of Colorado. I had found my home, but I knew something was missing. I wanted to recapture my experiences serving inner city kids in New York and my volunteer work as a big brother while I attended the University of Georgia.

I officially began my path in education by pursuing my teaching license at Colorado State University. Upon completion, I accepted a position as a founding teacher of an Expeditionary Learning Outward Bound charter school for two years. From there I was led back to the mountains at Eagle County Charter Academy.

After fifteen years of classroom teaching and learning, I was given a unique opportunity to expand my vision and work in education as the new Executive Principal of Stone Creek Charter School. Stone Creek's model of excellence is a natural fit for me and fulfills my desire to collaborate with a community of professionals dedicated to growing learners in and out of the classroom. With an innovative approach to school design, I am happy to contribute to the growing legacy of Stone Creek Charter School.

Eagle County is home to world-class resorts, athletes, medical care, businesses and individuals seeking an adventurous mountain lifestyle. Thus, there is a unique set of resources available to provide a world-class education; one that is academically rich and engages learners through fieldwork, service, and adventure. Stone Creek Charter School plays a vital role in growing

learners in our diverse community and serves as an educational beacon in Eagle County.

To discover more, visit [www.stonecreekschool.org](http://www.stonecreekschool.org). Go Boldly!

*Jason and his wife, Shannon, live in Eagle-Vail and share their journey with three incredible children: Ella, Carson, and Noah.*

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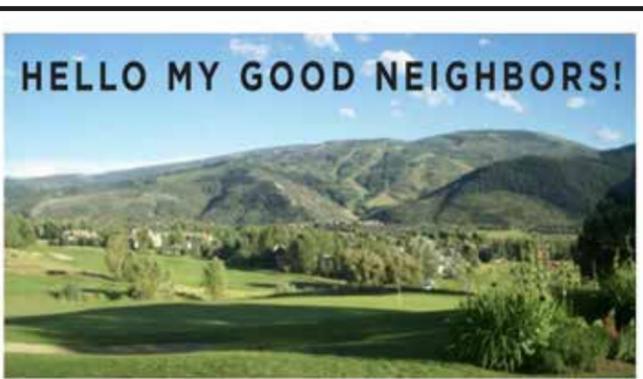
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singletree stories

# Math **AND** Me

Contributed by  
**Ingrid Dampier,**  
Singletree Resident

When the movie Hidden Figures came out, I could not wait to see it. While my journey into the mathematics of space science started a bit later than those wonderful pioneers, the movie brought back lots of memories. Memories of what it was like being a woman who was really, really, good at math and computers in what was then quite a man's world. In a discussion about this with Holly Proctor, she asked that I write about how I ended up working for Ballistic Missile Defense, so I have tried to tell the story of my "hidden figures". BTW, I highly recommend that wonderful movie!

Looking back over my career in large scale software development for the Ballistic Missile Defense program, I am astounded at the pace that technology has progressed since I was in high school and that I was able to be part of that amazing march to the future. For example, in 1966, the first computer that I had access to was an IBM 360. It required a full room of hardware. That computer could store 7.25 Million bytes, compared to today's thumb drive which is smaller than a lipstick and can hold 64 Gigabytes (and cost only \$16). The improvement is on the order of 1 million. Wow.

I always loved math. In the seventh grade, we were assigned a research paper on what we wanted to do when we grew up.



Ingrid and Craig at the Sonnenalp Oktoberfest celebration

Somehow, I found this amazing pamphlet from the American Mathematical Society (AMS). I read about mathematicians and what they studied and how they applied their work to so many areas, particularly space flight. I decided that was what I wanted to study. If I could just get into college! The summer of my 8th grade, my mother urged me to take a typing class in summer school, just in case college was not possible. So since I was taking typing in summer school, which was the best idea ever, my teachers quickly convinced me to take high school physics.

It was one of the best summers ever and led to an even better ninth grade. In the ninth grade, there was a special course in astronomy at Pratt College and my math teacher urged me to apply. I was accepted! So every Saturday I took the bus and subway to

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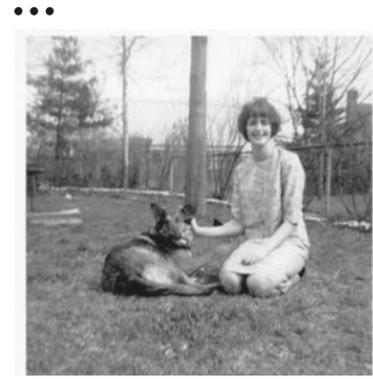
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Ingrid, a high school math protegee, in 1965

In my high school senior year, one of the math teachers led an after school program into computers. This was 1966, and computers were finding their way into our world. He had arranged some time on the computers at Boeing, not far from our school. Our afternoon group learned the fundamentals of programming and we wrote our programs out on the special green and white gridded programming paper.

Our teacher drove our programs out to the Boeing plant, where volunteers there ran them and then we would get the resulting printouts. These were simple programs – but we were talking to a computer and getting it to solve equations, and work through logic paths. This was absolutely mind boggling. Maybe this was a little like the scene in the movie where the manager “borrowed” a book on Fortran and then used the newly installed mainframe at NASA after-hours to help her team of women to learn programming.

By the start of my senior year, I secured enough funding to attend Muhlenberg College in Allentown, PA. I needed to supplement my scholarships with some part-time jobs – and my experience with “programming” in high school landed me a job as the help desk in the computer lab. I was the only woman with that job. It is interesting to note that I never had a chance to take a computer course in college. My curriculum counselor

Pratt and spent the day with my head in the stars. How lucky I was to have that opportunity and to think beyond the world and into Space – how totally exciting. This just strengthened my resolve to somehow get to college and study math.

had advocated that I enter the math education program because becoming a teacher was an acceptable career for a woman, but I already knew I was not a teacher.

So since the computer classes were only offered in the teaching curriculums, I never had a chance to take any computer course in college. But having learned the fundamentals, and working in the computer lab, really cemented some computing knowledge in me. The most important of these fundamentals is that a computer is not a pencil -- how the computer computes is vastly different than how a person would solve a problem with a pencil and their slide rule. I also learned so much in my math classes, which very quickly became theoretical. It is a math tradition that QED is appended at the end of a mathematical proof. QED is quod erat demonstrandum – which meant “thus it has been demonstrated”. To me, QED meant Quite Easily Done, and I was slowly realizing that I really could see the math and the solutions.

I graduated in 1970 ready to take on the world. I married my wonderful husband, as he graduated from the Naval Academy and started his career in the Navy. We moved to LA, and I started as an actuarial assistant at Towers, Perrin, Foster and Crosby, but very quickly I realized my heart was not into actuarial science. In my mind, actuarial science was not math, but arithmetic. However, the LA office was trying to set up onsite computer operations. They relied on the computers in the Philadelphia office for all of its computing, which was cumbersome and hard to optimize for their LA clients.

So, in 1971, they decided to set up remote terminals so we could run our own programs. These remote terminals were not like our present day Surfaces or tablets, nor did we have the internet. The remote terminals were built into a desk and had a dial-up connection (a phone handset would be set into a black rubber gasket). It was so great to have this remote access to the main-

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frames, that I gave up on being an actuary, and moved to the computing end of the job

After the birth of our first son, and a move to a new duty station in Hawaii, I applied for a position at the University of Hawaii, that was funded by NOAA, on a multinational team developing a program that could predict tsunamis. The program was my first introduction into signal processing – the collection of data from various sensors and monitors and then determining trends and patterns that supported extrapolations and predictions. And my first time to work on such a large program that it required several programmers working together.

In 1982, we were once again stationed in LA and I landed a job as an algorithm programmer at TRW, a major aerospace firm. It wasn't easy at times, but never dull. And I started with a bang – literally. I was tasked to determine the Radio Frequency Survivability



Ingrid generously donating her time as a "Red Coat" on Vail Mountain

of the MX (Mobile ICBM) missile. At this point, I was working on a desktop computer – which were in a separate room, and it was first-come-first-served. Still, this was a huge improvement over the punch cards and batch processing I was used to in Hawaii.

One of the highlights of my career was being named as project manager of an Independent Research and Development Project (IRAD) to develop a computer solution to issues we were having in handling of certain types of data. My team and I were pushing the envelope and we knew it. Our solutions eventually formed the basis for a specialized workstation and led to several contracts, one with BAE in England.

We were a team of four Americans -- two men and two women. Having women on the team was a novelty to our British hosts, but also posed an issue that needed a solution. The only women's restroom was in the reception area and the only way to get there was by exiting the building, walking around to the other side, and re-entering. The men's room was on our side of the building. The solution was to get the two women on the team large golf umbrellas so that we could walk out of the building and around to the other side in all types of weather. Sort of like in the movie! I know that this was a learning experience to the BAE management, and I do believe that my colleague and I made a lasting impression on those British engineers. And when the job was over, we received a very nice farewell. We left the umbrellas in England.

The last 16 years of my life at TRW, which was then bought by Northrop Grumman was on the National Team charged with building a defense against ballistic missile attacks. It was quite interesting, and much like the pioneers in Hidden Figures, we were faced with having to find the math to do what we needed to do. And while I am very proud of what we accomplished, I am more proud of how the company had grown and learned about men and women working together. I am also humbled to realize that when I started in 1966, I was writing programs with tens of lines of code, and I retired managing programs that had millions of lines of code!

So, that is my story on how I got into math. While there are many more women in the field now, we are still a minority. According to statistics compiled by UCSD on women participation in STEM careers (Science, Technology, Engineering and Mathematics), in 1970 women earned less than 20% of all bachelor's degrees in STEM courses. This has risen to 40% but currently is receding from that figure. I personally would love to see that number continue to rise and encourage all young women to imagine where the path could lead them!

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By Tracy LaFon

This love of community -- and the people that make it up -- meant the team at N2 couldn't look the other way. They couldn't ignore the epidemic creeping into every city across our country. There is a truth that people rarely acknowledge: human trafficking. Making money by enslaving human beings. It's prevalent, has destroyed millions of lives, and often unfolds closer to home than most think.

Leveraging the success of N2 Publishing, they decided to take action. N2GIVES, the philanthropic arm of N2 Publishing, was born.

A small team assembled to vet groups fighting human trafficking across the world. Many months of research narrowed the list of hundreds of potential organizations to a few dozen. Each partner actively rescues the victims of trafficking and assists with their healing. They also prosecute the offenders, educate those that can intercept, and increase awareness of the problem.

## The 34 partner organizations received more than two million dollars from N2GIVES in 2016.

Shortly thereafter, N2GIVES.com launched. This is the concrete foundation of N2's commitment to provide help and hope. This site highlights the stories and photos of the organizations working in the trenches of this war. There are videos giving a first-hand account of why these leaders continue the fight. There are links to follow N2GIVES on Facebook and Twitter, too.

Consider joining in the effort with N2GIVES. No action or contribution is too small. Pass on the information to friends and neighbors. Talk to groups in your community. Give money, time, or ideas. Prove to the world that there is help for the helpless and hope for the hopeless. People should care and people do care.

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## RECENT SINGLETREE ACTIVITY

Status	Address	List Price	Sold Price	Sold Date	\$/sq.ft.	Sold \$/sq.ft.	Beds	Baths	sq.ft.	Furnished
Active	151 Pinto Dr (DU)	\$2,100,000	N/A	N/A	\$445	N/A	4	6 (3 1 2)	4715	No
*Active	59 Mission Pl (SF)	\$1,135,000	N/A	N/A	\$316	N/A	4	4 (3 0 1)	3597	No
Active	121 Pinto Dr (SF)	\$1,675,000	N/A	N/A	\$385	N/A	5	6 (5 0 1)	4356	No
*Active	44 Singletree Rd (DU)	\$895,000	N/A	N/A	\$387	N/A	3	4 (3 0 1)	2310	Partial
Active	81 Lariat Rd #B (DU)	\$675,000	N/A	N/A	\$337	N/A	4	3 (3 0 0)	2005	No
Active	1040 June Creek Rd (SF)	\$1,326,000	N/A	N/A	\$400	N/A	4	4 (4 0 0)	3315	No
Sold	40 Prairie Cir (SF)	\$1,635,000	\$1,609,000	3/31/17	\$513	\$505	4	4 (3 0 1)	3185	No
*Sold	21 Chute Cir (SF)	\$2,150,000	\$2,175,000	4/11/17	\$371	\$375	5	5 (1 3 1)	5802	No
UC	249 Buckboard Rd (DU)	\$925,000	N/A	N/A	\$411	N/A	3	4 (3 0 1)	2249	No
UC	751 Singletree Rd #3N (CO)	\$495,000	N/A	N/A	\$455	N/A	2	2 (2 0 0)	1089	No
UC	311 Rawhide Rd (SF)	\$1,275,000	N/A	N/A	\$359	N/A	4	5 (4 0 1)	3551	Full

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